



DATE: August 12, 2015
TO: Washington State Board of Health Members
FROM: Keith Grellner, Chair
SUBJECT: UPDATE: 2014 HEALTHY YOUTH SURVEY

Background and Summary:

One of the Board's responsibilities is to monitor the health of Washington state residents. The Board uses this information to help inform its strategy, policy positions, and rulemaking.

The Healthy Youth Survey (HYS) provides important information about youth in Washington. The HYS is a collaborative effort of the Office of the Superintendent of Public Instruction, the Department of Health, the Department of Social and Health Services Division of Behavioral Health and Recovery, and the Liquor Control Board.

The survey is taken every two years by students in grades 6, 8, 10, and 12 in almost 1,000 public schools in Washington. More than 200,000 youth took part in the survey in October 2014 by answering a wide variety of questions about their health and health behaviors. All responses were voluntary and anonymous.

Today I have invited Cathy Wasserman, State Epidemiologist of non-infectious conditions, to talk to us about some of the 2014 HYS findings and trends that may be of particular interest to the Board.

Recommended Board Action:

No Action recommended.

Staff Contact:

Tara Wolff