



# Diagnostic Testing for OTCD

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June 16, 2021



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# Ornithine Transcarbamylase Deficiency

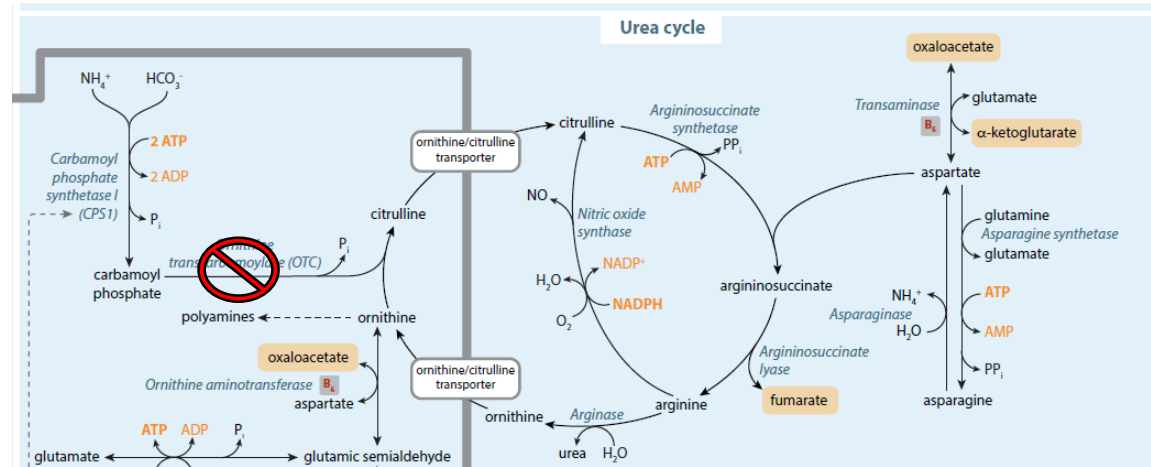


A defect of the urea cycle

X-linked metabolic disease

Diagnostic tests:

- Blood ammonia
- Plasma amino acids
- Urine organic acids



[Ornithine Transcarbamylase Deficiency - GeneReviews® - NCBI Bookshelf \(nih.gov\)](https://www.ncbi.nlm.nih.gov/gene/60279)

<https://www.acmg.net/PDFLibrary/Decreased-Citrulline.pdf>

# Blood Ammonia

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Sample type: Peripheral blood  
Sodium heparin venous or arterial blood,  
stable RT <15 min, 4°C <3 hours

TAT: 1 hour

Cost: \$100-200

Typical OTC finding: >500-1,000  $\mu\text{M}$

Normal Values

0- 3 days old, <107  $\mu\text{M}$

>2 months old, <35  $\mu\text{M}$

Colorimetric assay on automated analyzer (Core Chemistry)

# Plasma Amino Acid Analysis



Sample type: Peripheral blood

Na Heparin, plasma, frozen

TAT: 1-2 days (instrument run time is ~4 hours/sample)

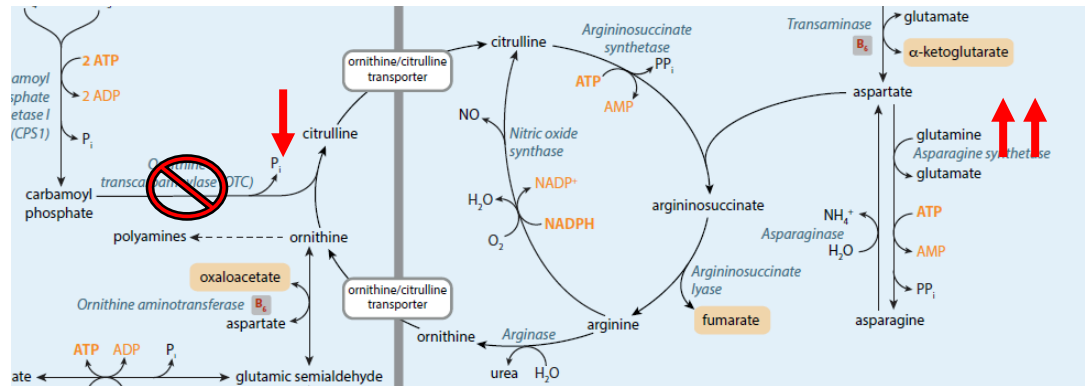
Cost: \$200-300

OTC Finding: Citrulline 0-4  $\mu\text{M}$  (normal >6  $\mu\text{M}$ )

Glutamine ~2,000  $\mu\text{M}$  (normal <825  $\mu\text{M}$ )

high pressure liquid chromatography

Light absorption (Beer's law of  $A = \epsilon lc$ )



# Urine Organic Acid Analysis



Sample type: urine

Clean catch, frozen

TAT: 1-2 days

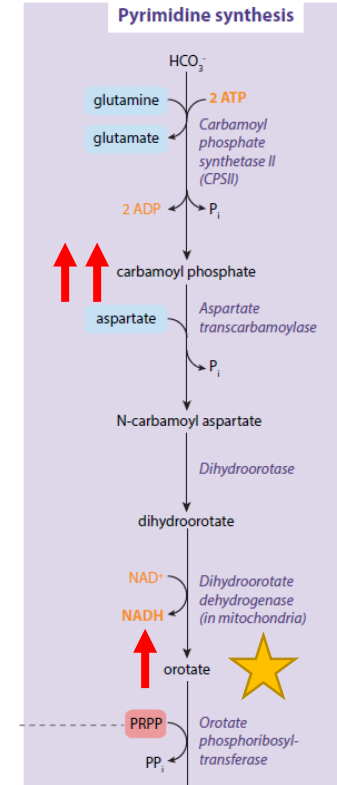
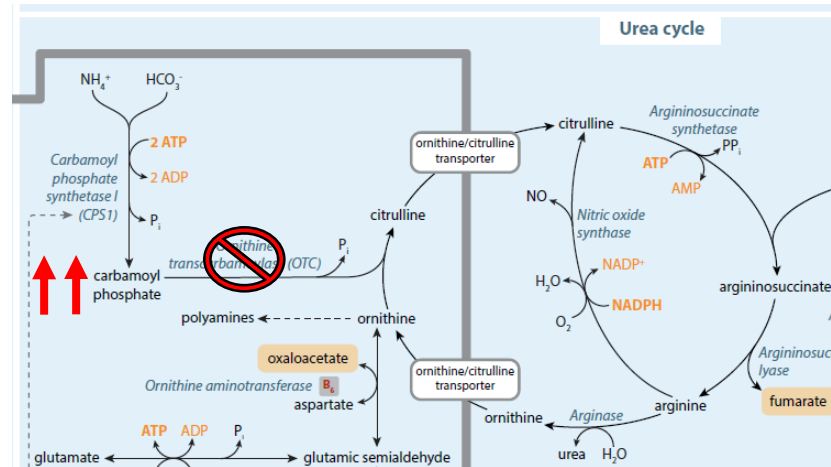
Cost: \$286-668

OTC finding: elevated orotic acid



gas chromatography- mass spectrometry

Semi-quantitative analysis of all metabolites/compounds in urine





# Sensitivity and Specificity?

Unknown for diagnostic tests

## Biochem Markers

- High ammonia and glutamine, with low citrulline, and excretion of orotic acid are “text-book” diagnostic findings
- Females may or may not have abnormal findings
- Many cases of affected individuals (male and female) have normal citrulline and orotic acid.

## DNA Analysis

Sequencing and deletion/duplication studies find pathogenic variants in ~90% of cases.

# Diagnostic Testing



If neonate is symptomatic and NBS has low citrulline...

- 1) STAT Blood ammonia; start treating clinical symptoms!
- 2) Plasma amino acids; prioritized by BCG lab, goal of results out same day that specimen is received.

Best test to diagnose urea cycle defects or suggest organic acidemia.

Organic acidemias are best diagnosed by urine organic acid analysis and plasma acylcarnitines.

- 3) Urine organic acids; also prioritized by BCG lab.

May provide supporting evidence for OTCD or identify organic acidemia (alternative causes of hyperammonemia).



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