

Executive Summary: Health Impact Review of HB 2169

Implementing Year-Round Pacific Standard Time (2017-2018 Legislative Session)

Evidence indicates that HB 2169 has the potential to improve health outcomes, particularly on days that would immediately follow a transition to or from daylight saving time. The evidence for the impact of implementing year-round Pacific Standard Time on health disparities is not well researched.

BILL INFORMATION

Sponsors: Representatives Shea, McCaslin, Taylor, Condotta, Hargrove, Kirby, Sells, Griffey, Pike

Summary of Bill:

- Implements year-round Pacific Standard Time and exempts Washington State from daylight saving time.

HEALTH IMPACT REVIEW

Summary of Findings:

This Health Impact Review found the following evidence regarding the provisions in HB 2169:

- Strong evidence that implementing year-round Pacific Standard Time would likely improve health outcomes, particularly on days that would immediately follow a transition to or from daylight saving time.
- The evidence for the impact of implementing year-round Pacific Standard Time on health disparities is not well researched.

FULL REVIEW

For review methods, logic model, strength-of-evidence analyses, and citations of empirical evidence refer to the full Health Impact Review:

<http://sboh.wa.gov/Portals/7/Doc/HealthImpactReviews/HIR-2017-17-HB2169.pdf>

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