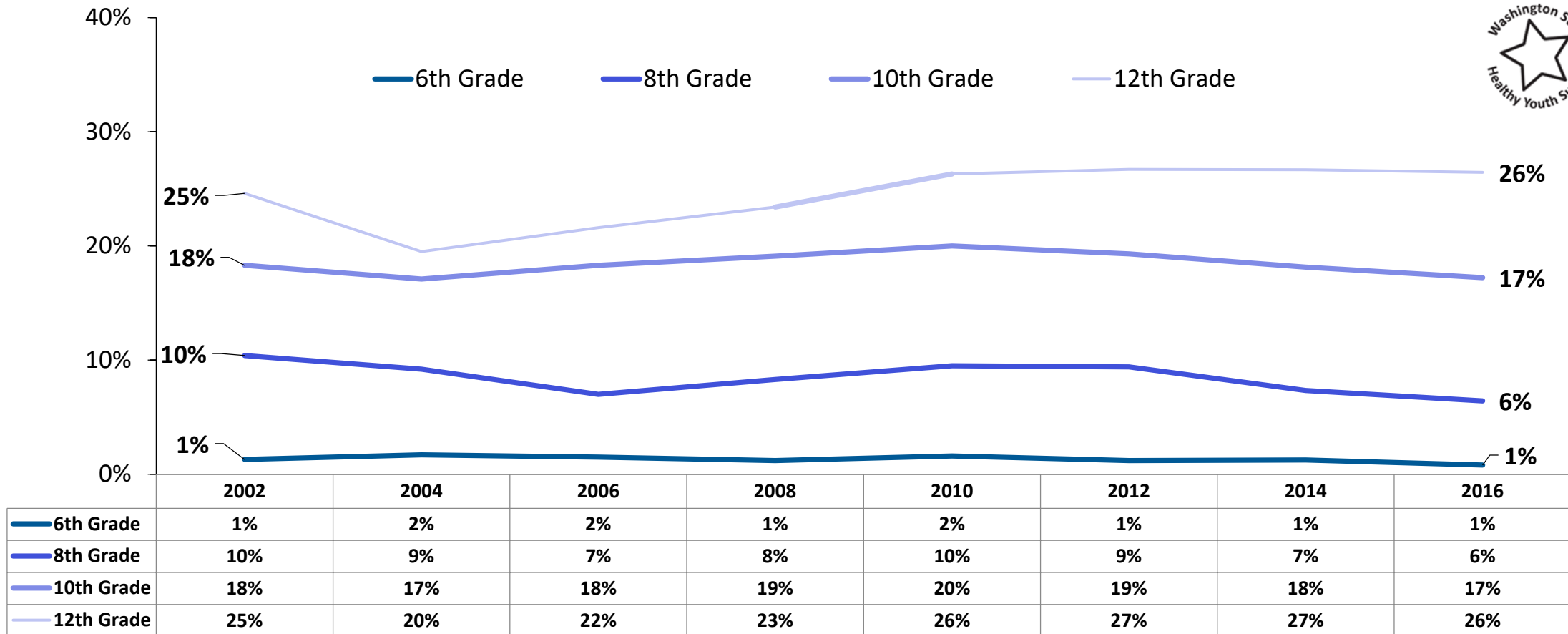




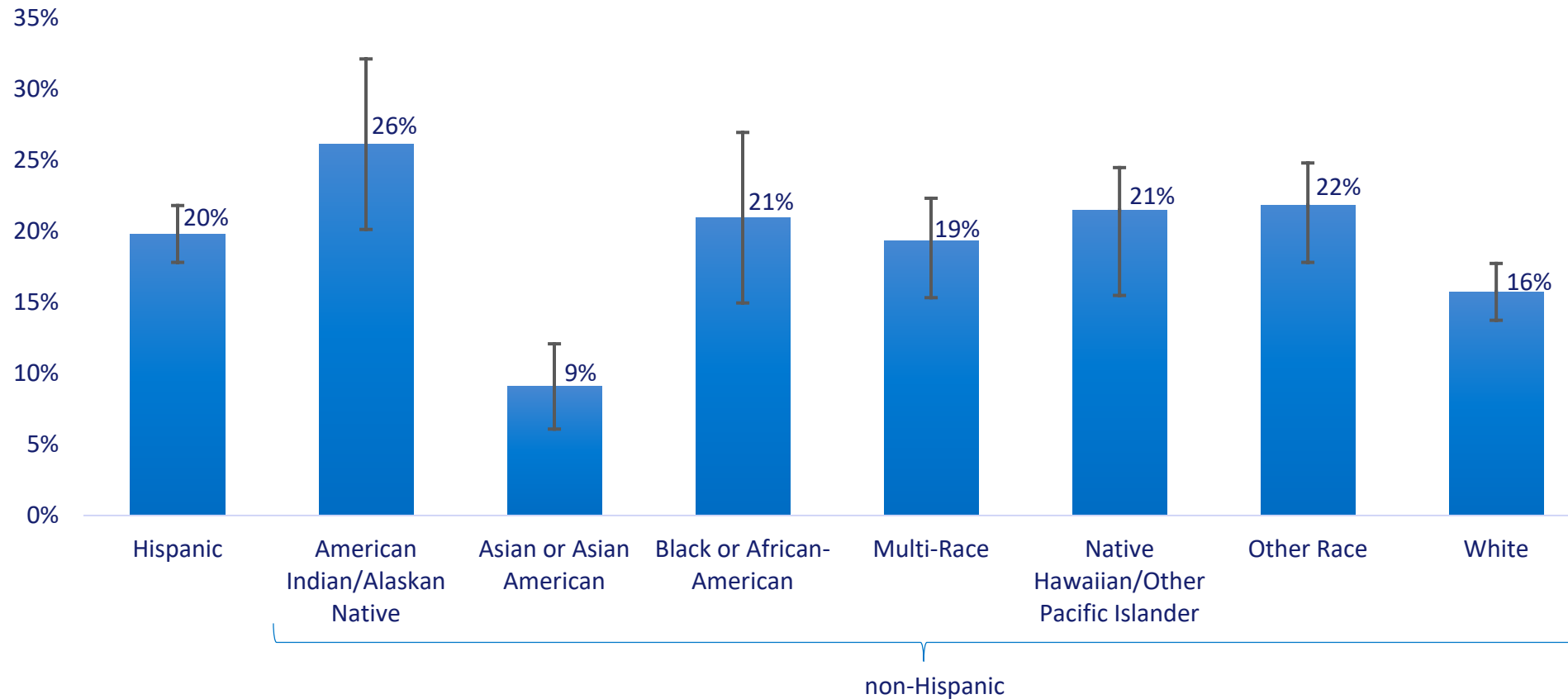
Youth use of Cannabis in Washington

Shanne Montague, MSW, CPP
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Health Care Authority

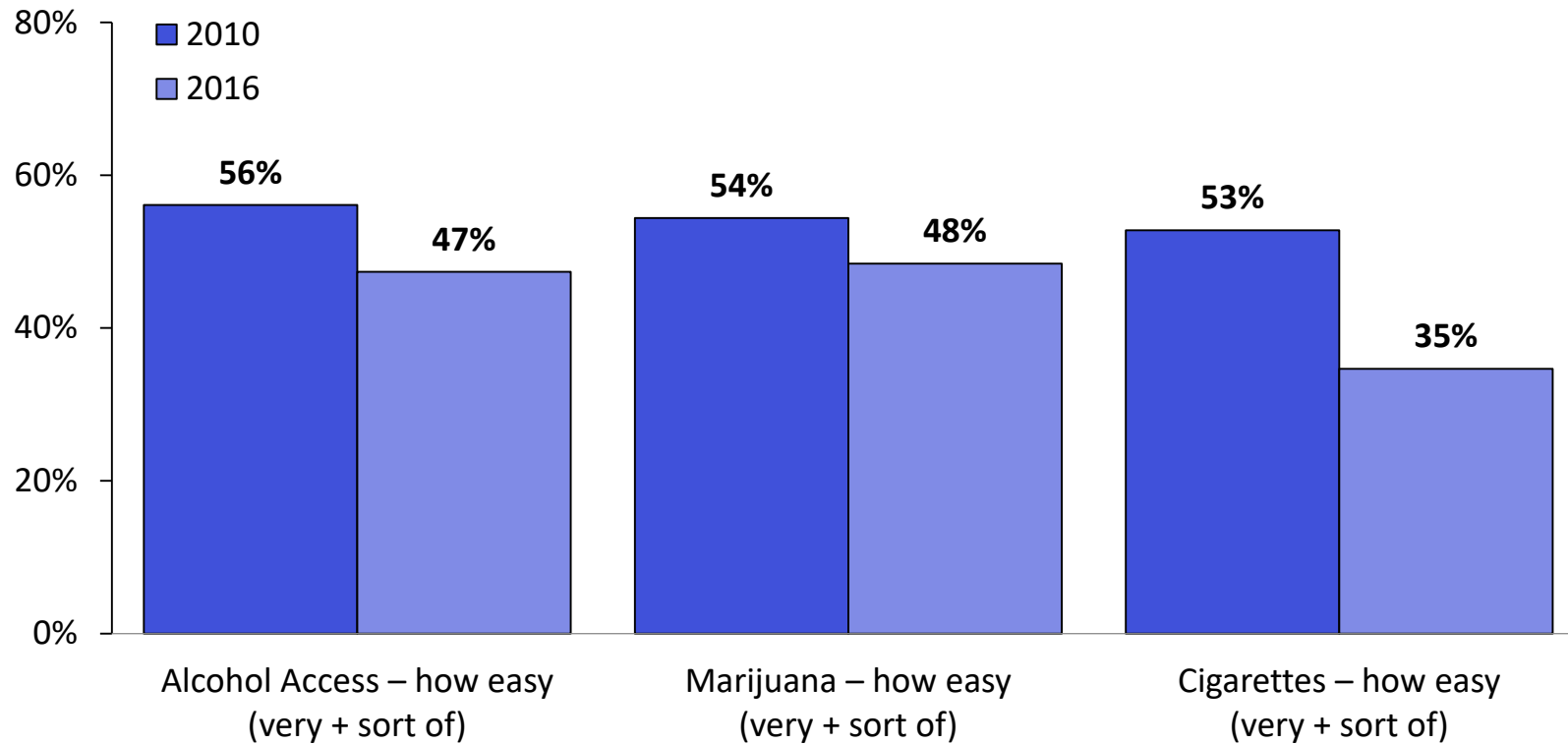
Marijuana Use: Past 30 Days remains steady



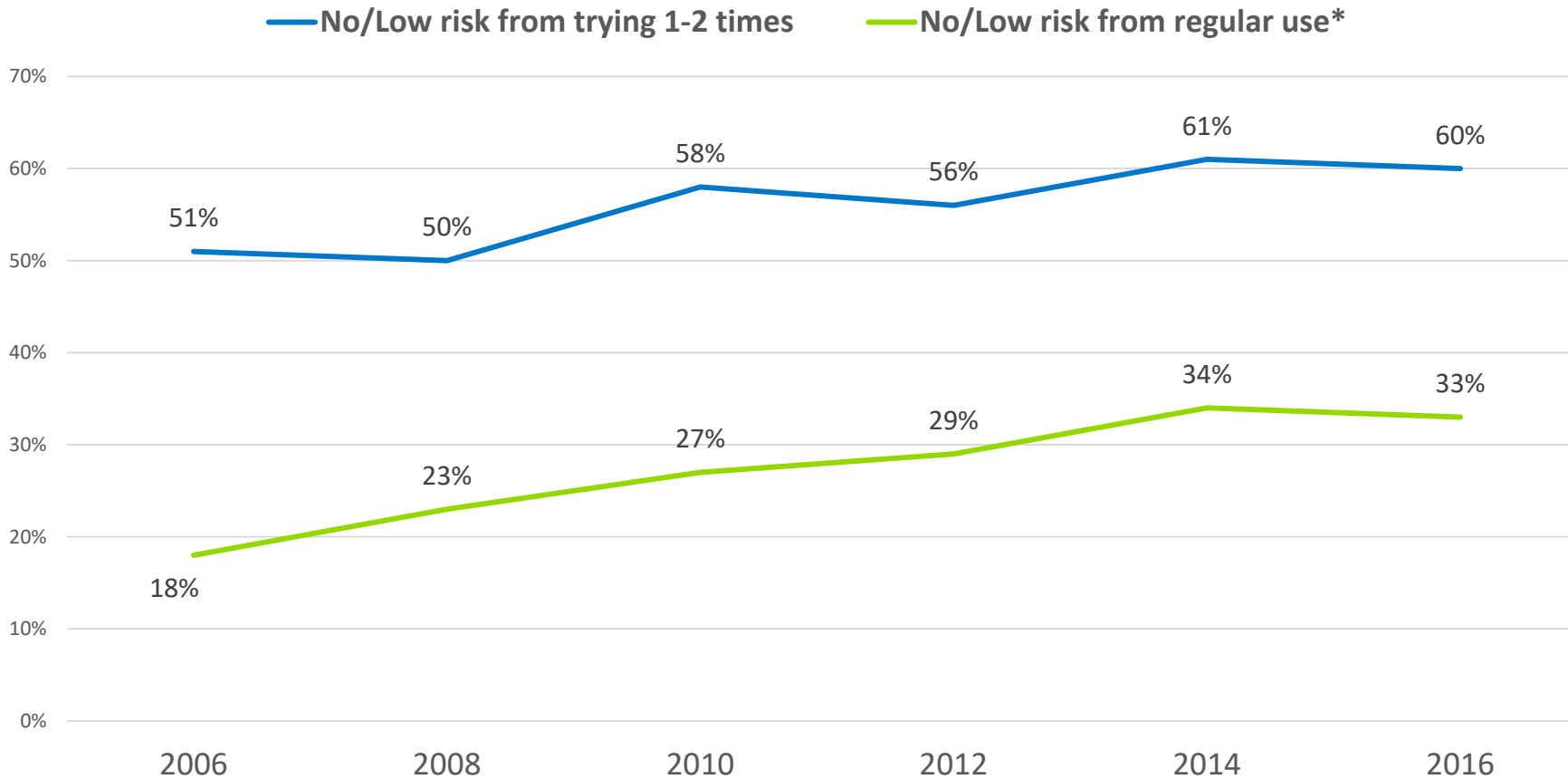
Marijuana Use, Past 30 Days 10th Grade by Race/Ethnicity



Youth Perceptions on Ease of Availability, 10th Grade



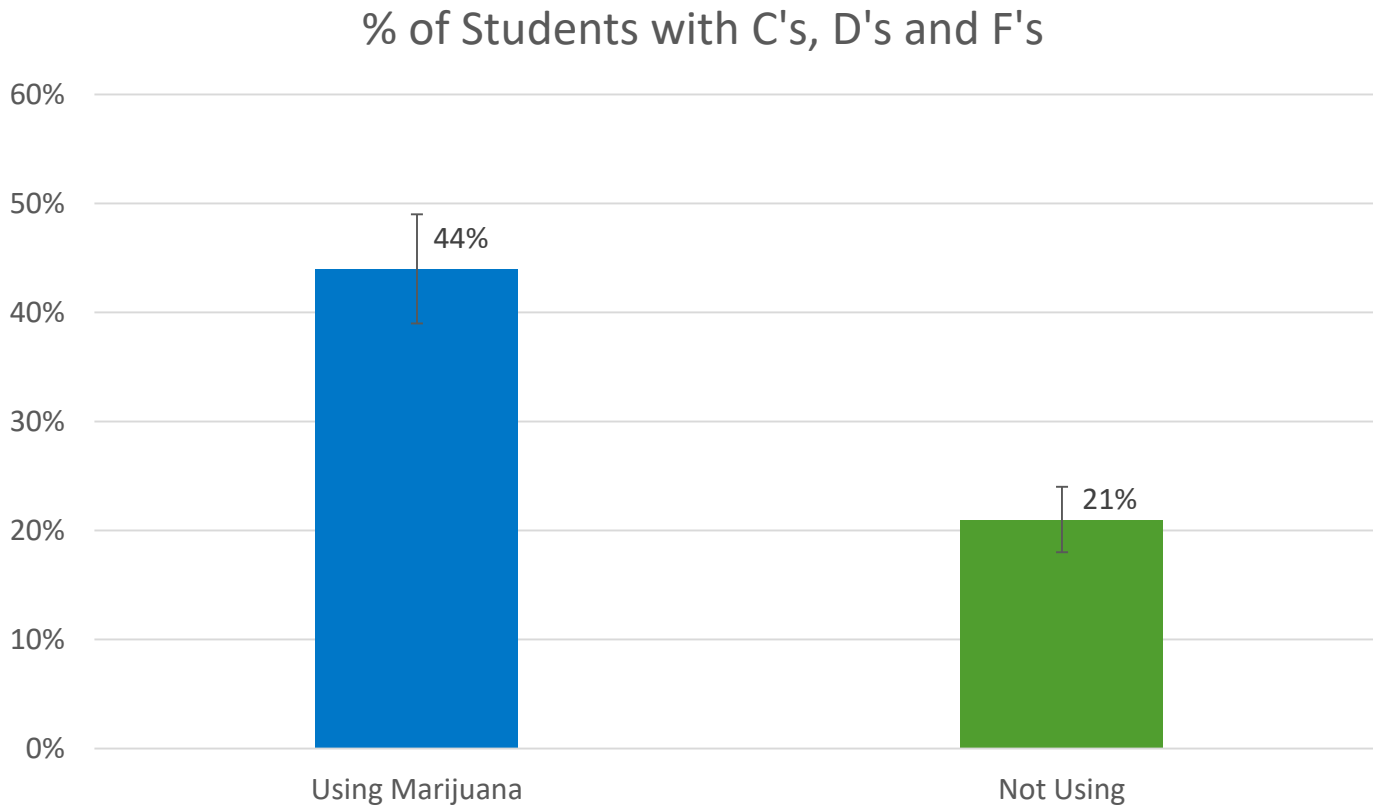
Perception of Low/No Harm, 10th Grade



* "Smoke" marijuana was changed to "use" regularly in 2014. This may mark a break in the trend.

Washington Healthy Youth Survey - 2010, 2016.

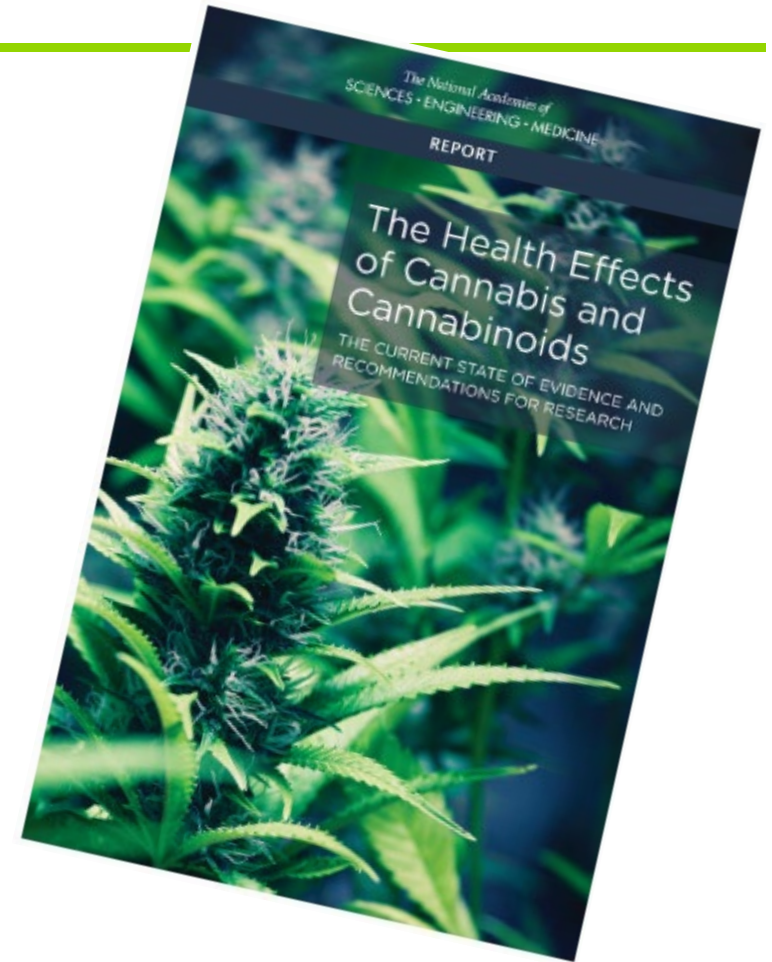
Relationship between Grades and Past 30 Day Use, 10th Grade



Statewide, more 10th graders who use marijuana report C's, D's and F's in school compared to those who don't use.

Consistent messaging of health risks

- ▶ Marijuana is addictive for 1 in 10 users, addiction rates increase as age of initial use decreases *
- ▶ Memory loss, attention and learning difficulties *
- ▶ Increased risks of testicular cancer *
- ▶ Increased risk of chronic psychosis disorders (including schizophrenia)*

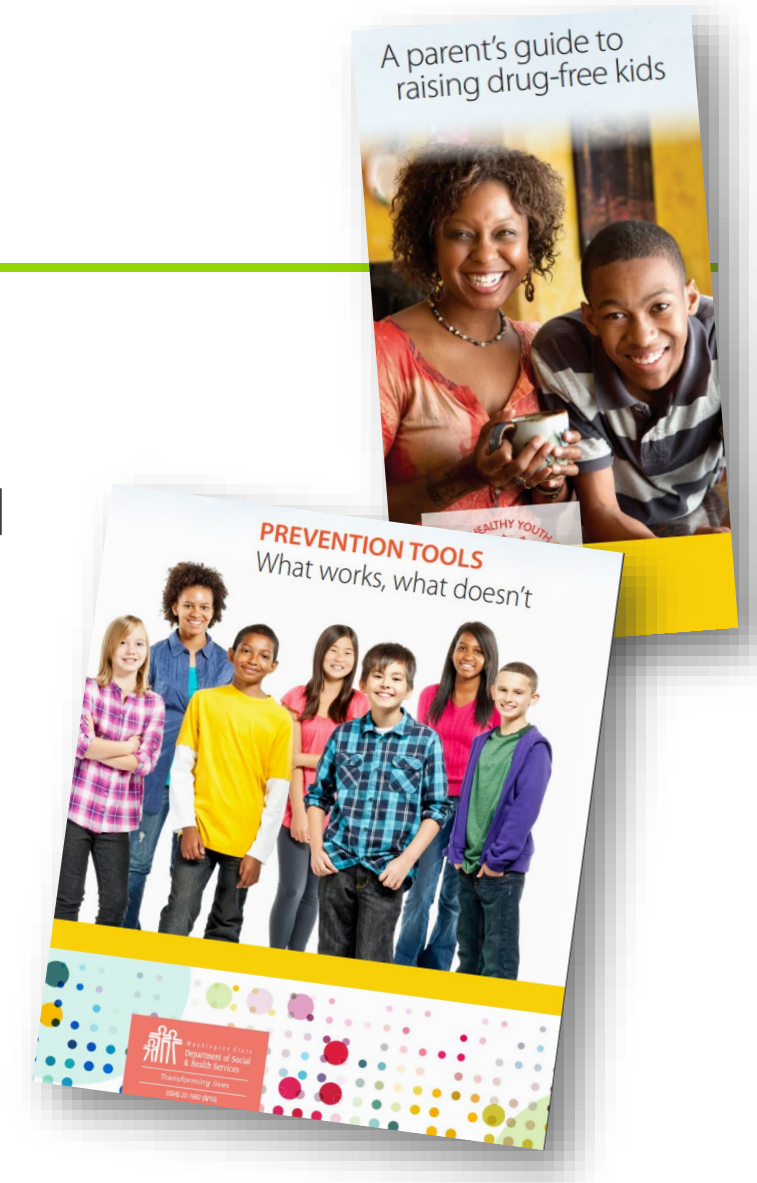


*CDC: <https://www.cdc.gov/marijuana/health-effects.html>

NAS: <https://www.nap.edu/catalog/24625/the-health-effects-of-cannabis-and-cannabinoids-the-current-state>

Prevention Services

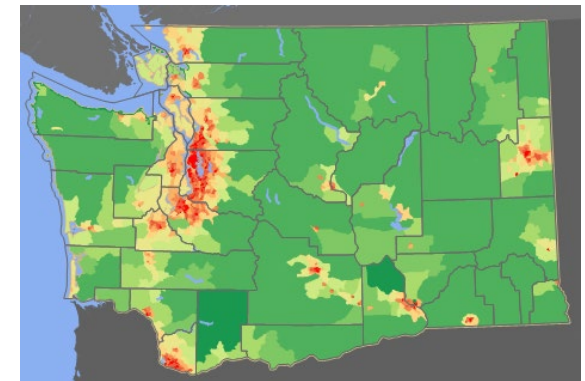
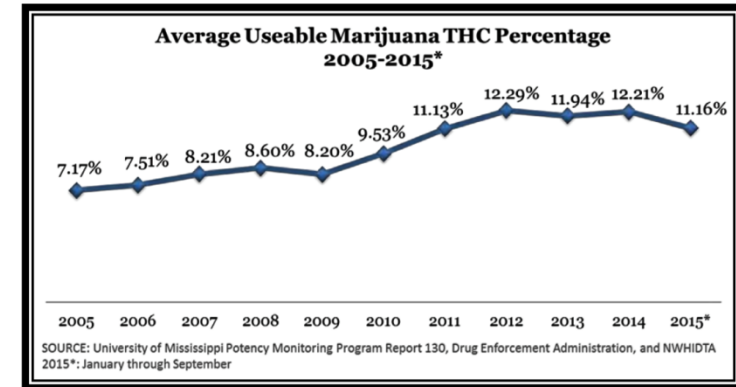
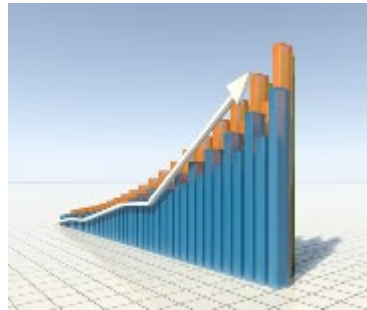
- ▶ Tribal Prevention Services
- ▶ Community Prevention Services - Community Prevention Wellness Incentive and Community Based Organizations
- ▶ Life Skills Training (*Office of Superintendent of Public Instruction*)
- ▶ Home Visiting (*Department of Children, Youth and Families*)
- ▶ Prevention EBP Training
- ▶ Best Practices Toolkit



What does this mean for Washington?

- ▶ Rates of youth marijuana use has remained steady since legalization
- ▶ Smoking marijuana is still the most popular use of marijuana
- ▶ Emergence of vaping of marijuana
- ▶ There's a need for increased research on driver impairment testing

Lessons Learned



Resources

- ▶ Athena Forum – www.TheAthenaForum.org/Marijuana
- ▶ Healthy Youth Survey – www.AskHYS.net
- ▶ University of Washington Alcohol and Drug Abuse Institute – www.LearnAboutMarijuanaWA.org
- ▶ CDC - <https://www.cdc.gov/marijuana/>
- ▶ SAMHDA (Substance Abuse & Mental Health Data Archive) <https://datafiles.samhsa.gov/study-publication/effect-medical-marijuana-laws-adolescent-and-adult-use-marijuana-alcohol-and-other>

Questions?

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