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From: Horseshoe Bill

Sent: 10/4/2023 9:59:01 AM

To:

rmay@cityofblaine.com,khiggins@cityofblaine.com,gbaldwin@cityofblaine.com,rlopez@cityofblaine.com,ms

Alex,Walen, Amy,Street, Chipalo (LEG),Stearns, Chris (LEG),Shavers, Clyde (LEG),Stokesbary, Drew,Taylor, Jamila,Valdez, Javier (LEG),Walsh, Jim (LEG),Timmons, Joe (LEG),Wilcox, JT,Waters, Kevin (LEG),Springer, Larry,Steele, Mike (LEG),Volz, Mike (LEG),Stonier, Monica,Thai, My-Linh,Shewmake, Sharon,Wylie, Sharon,Schmidt, Suzanne (LEG),Senn, Tana,Simmons, Tarra,Slatter, Vandana (LEG),Ramel, Alex (LEG),Rule, Alicia,Barkis, Andrew,Berg, April (LEG),Connors, April (LEG),Doglio, Beth (LEG),Ramos, Bill,Donaghy, Brandy (LEG),Chandler, Bruce,Sandlin, Bryan (LEG),Eslick, Carolyn (LEG),Corry, Chris (LEG),Ryu, Cindy,Jacobsen, Cyndy,Bronoske, Dan (LEG),Griffey, Dan,Farivar, Darya (LEG),Paul, Dave,Hackney, David,Duerr, Davina (LEG),Lekanoff, Debra,Entenman, Debra (LEG),Hansen, Drew,Orcutt, Ed,Alvarado, Emily (LEG),Robertson, Eric,Chopp, Frank,Pollet, Gerry,DOR Gina Mosbrucker,Cheney, Greg (LEG),Maycumber, Jacquelin,Fey, Jake,Graham, Jenny,Bateman, Jessica (LEG),Fitzgibbon, Joe,Schmick, Joe,Kretz, Joel,McEntire, Joel,Reed, Julia (LEG),Cortes, Julio (LEG),Goehner, Keith,Chambers, Kelly (LEG),Reeves, Kristine (LEG),Davis@leg.wa.gov,Jinkins, Laurie,Christian, Leonard (LEG),Ortiz-Self, Lillian,Callan, Lisa (LEG),Berry, Liz (LEG),Riccelli, Marcus,Leavitt, Mari,Klicker, Mark,Dye, Mary,Fosse, Mary,Morgan, Melanie,Gregerson, Mia,Caldier, Michelle,Chapman, Mike (LEG),Macri, Nicole (LEG),Harris, Paul,Abbarno, Peter,Goodman, Roger,Low, Sam (LEG),Mena, Sharlett (LEG),Santos, Sharon Tomiko,Kloba, Shelley (LEG),Hutchins, Spencer (LEG),Rude, Skyler,Barnard, Stephanie (LEG),McClintock, Stephanie (LEG),Bergquist, Steve,Peterson, Strom,Ormsby, Timm,Orwall, Tina,Dent, Tom,Couture, Travis (LEG),Billig, Andy,Rivers, Ann,Cleveland, Annette,Hasegawa, Bob,Hawkins, Brad,Gildon, Chris,Rolfes, Christine,Wilson, Claire,Billig, Andy,Rivers, Ann,Cleveland, Annette,Hasegawa, Bob,Hawkins, Brad,Gildon, Chris,Rolfes, Christine,Wilson, Claire,Kauffman, Claudia (LEG),King, Curtis,Stanford, Derek,MacEwen, Drew,Randall, Emily,Pedersen, Jamie,Holy, Jeff,Wilson, Jeff,Salomon, Jesse,McCune, Jim,Nguyen, Joe,Braun, John,Lovick, John,Warnick, Judy,Robinson, June,Keiser, Karen,DOR Keith Wagoner,Van De Wege, Kevin,Wellman, Lisa,Lovelett, Liz (LEG),Itgov@ltgov.wa.gov,Wilson, Lynda,Dhingra, Manka,Mullet, Mark,Schoesler, Mark,marko.lilas@leg.wa.gov,Boehnke, Matt (LEG),Padden, Mike,Torres, Nikki (LEG),Frame, Noel (LEG),Kuderer, Patty (LEG),Dozier, Perry (LEG),Fortunato, Phil (LEG),Saldana, Rebecca (LEG),Muzzall, Ron (LEG),Hunt, Sam,Short, Shelly,Conway, Steve,steve.hobbs@sos.wa.gov,twina.nobles@leg.wa.gov,Trudeau, Yasmin (LEG),Chinn, Brandy (OFM),DOH WSBOH,director@blaineseniorcenter.org

Cc:

Subject: Freedom Rising In Aurora, Canada (No 15-Minute Cities, No UBI, No CDBC, No Foreign Meddling)

External Email

<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.bitchute.com%2Fvideo%2F0p>

Sent from my iPhone

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From: Christi Ellefson  
Sent: 10/3/2023 2:20:40 PM  
To: DOH WSBOH  
Cc:  
Subject: Dr. McCullough's Speech at the European Parliament

External Email

[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frumble.com%2Fv3hwcgm-dr.-mcculloughs-speech-at-the-european-parliament.html&data=05%7C01%7Cwsboh%40sboh.wa.gov%7C056ad24b97704a55c89408dbc4568deb%](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frumble.com%2Fv3hwcgm-dr.-mcculloughs-speech-at-the-european-parliament.html&data=05%7C01%7Cwsboh%40sboh.wa.gov%7C056ad24b97704a55c89408dbc4568deb%7C)

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From: bill leady  
Sent: 8/9/2023 4:48:31 PM  
To: DOH WSBOH  
Cc:  
Subject: My Public Comments

#### External Email

Good Morning, my name is Bill Leady, and I am a resident of Clark County. First, I would like to recognize all the benefits that Washington's Department of Public Health provides. Most residents, myself included, do not spend much time considering the work of the department from ensuring safe drinking water, licensing and inspection health care providers and facilities, setting and monitor wastewater standards, food safety, WIC, and many other very important programs that largely go unnoticed and taken for granted.

However, this morning I would like to talk about the department's budget proposal to spend over \$15M from 2024-2027 to restore trust in public health.

The proposal defines the problem as – I will read part of it verbatim.

"After more than two years spent in the public eye during the COVID19 pandemic response, the belief and trust in public health has deteriorated. This level of public and media interest lends itself to harsh criticisms and as a result, some Washingtonians have lost trust and belief in the value of public health and everything it does to make the lives of Washingtonians better. Public health has been wrapped in a very complex political, regional, and value-based response fraught with immense mis/disinformation which has caused the work of public health to be more difficult. .... Over the last two years in Washington, DOH saw firsthand the impact of these disinformation campaigns .....

If you error in defining the problem, you cannot solve the problem. Unfortunately, the department sees the problem solely as those evil spreaders of misinformation. There is no contrition, no self-reflection, no acknowledgement that public health made many errors and willing "wrapped itself in politics".

The whole initiative seems to be based on - if we can just educate these foolish Washingtonians that we are trustworthy people then all will be fine again.

I don't have time to detail the falsehoods, every changing narrative, changing guidance, coercive mandates, and scare tactics, that Washington's and other public health agencies engaged in during the COVID pandemic. You lost public trust when you deemed people livelihoods and business as "non- essential", then told everyone the vaccines were safe and effective, and belittled anyone who had questions or concerns. People believe their own eyes and their own experiences and when people's personal experiences did not align with what our public health officials were telling us (and mandating) trust was lost.

Trust in public health and trust in government in general is critically important. But a \$15M campaign to convince people they are wrong, and you are trustworthy will not restore it. Maybe some changes within public health are needed.

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From: Christi Ellefson  
Sent: 9/2/2023 11:13:36 PM  
To: DOH WSBOH  
Cc:  
Subject: FLUVID-19: The Documentary by Hibbler Productions

External Email

Hello board members.

Please take the time to watch this Documentary. Especially going into the next "Flu season" you might find it hard to watch but the truth is sometimes hard to swallow when it disrupts our comfortable lifestyle. Please use common sense and Real Science when making decisions that affect our communities. You have big roles that impact the lives of many.

Thank you to those of you who voted against mandating the Covid 19 vaccines for school requirements. By now we hopefully know that was the right move and should have never been mandated to anyone. Doing the right thing is usually not the easiest decision but it's what matters in the end and what you'll be remembered and accountable for.

Happy Labor Day!  
Christi

<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frumble.com%2Fv3e5r4w-fluvid-19-the-documentary-by-hibbler-productions-conspiracy-conversations-e.html&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cad18c9de46ac47ff20bf08dbac44dcdd%7C11d0e21>

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From: bill teachingsmiles.com  
Sent: 8/8/2023 8:34:50 AM  
To: DOH WSBOH  
Cc:  
Subject: Re: Public comment August 9, 2023, Osmunson

External Email

Please use this revised version corrected for the WSBH

Public comment for WSBH August 2023

FLUORIDE IS THE NEW LEAD

Part B Corrected

Summary: IQ loss for the average person in the USA from lead is about 0.5 IQ points and from fluoride in fluoridated communities is about 3 IQ points. Fluoride causes 6 times as much IQ loss as lead for the average person in fluoridated communities.

LEAD:

Lead is a neurotoxic risk for toddlers, a significant amount hand to mouth exposure.

"Based on the study by Lanphear et al. (2005)

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sciencedirect.com%2Fscience>

the Panel estimated that a blood lead level

<[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sciencedirect.com%2Ftopics/genetics-and-molecular-biology%2Fblood-lead-](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sciencedirect.com%2Ftopics/genetics-and-molecular-biology%2Fblood-lead-level&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e21)

level&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e21

of 12 µg/dL in children aged 5–10 years old is associated with an IQ loss of 1 point." The latest nation-wide average (NHANES) blood lead level is a US median of 0.6 ug/dL. Thus, the average IQ loss in the USA would be about 0.5 points. See also Lanphear 2005 and Sprong et al (2023). Remember, most everyone is not average.

Fluoride:

Fluoride is a neurotoxic risk for the fetus, infants and toddlers, a significant amount, estimated at a third to two thirds, comes from fluoridated water which is recommended by the Board of Health. Sprung (2023) used the Grandjean 2022 dose-response analysis. Grandjean et al. (2022)

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sciencedirect.com%2Fscience>

recently presented a benchmark modeling for IQ losses associated with fluoride exposures. The BMC (Bench Mark Concentration) for maternal urinary fluoride associated with a 1-point decrease in IQ scores of preschool-aged boys and girls was 0.31 mg/L.

Average maternal urinary fluoride concentration in fluoridated communities is 0.9 mg/L.

In abbreviated terms, Sprong 2023 used a dose-response relationship that reported there is a 1 IQ point loss for every 0.3 mg/L increase in mother's urine fluoride which averages 0.9 mg/L in USA fluoridated communities. Resulting in a 3 IQ point average loss in fluoridated communities, 15 times the harm of lead, thus fluoridation must be considered iatrogenic harm.

The Washington State Board of Health's desire to prevent IQ loss from lead is spot on correct. However, the same effort must be directed to excess fluoride exposure. The Board has no scientific justification to continue promoting fluoridation with a flawed claim of benefit for everyone and absolute silence on warning to those at greatest risk of harm.

BT

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From: bill teachingsmiles.com <bill@teachingsmiles.com>  
Sent: Monday, August 7, 2023 8:53 PM  
To: wsboh@sboh.wa.gov <wsboh@sboh.wa.gov>  
Subject: Re: Public comment August 9, 2023, Osmunson

Public comment for WSBH August 2023

FLUORIDE IS THE NEW LEAD

Part B

Summary: IQ loss for the average person in the USA from lead is about 0.2 IQ points and from fluoride in fluoridated communities is about 3 IQ points. Fluoride causes 15 times as much IQ loss as lead for the average person in fluoridated communities.

LEAD:

Lead is a neurotoxic risk for toddlers, a significant amount hand to mouth exposure.

"Based on the study by Lanphear et al. (2005)

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sciencedirect.com%2Fscience>

the Panel estimated that a blood lead level

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sciencedirect.com%2Ftopics/genetics-and-molecular-biology%2Fblood-lead-level&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e21>

of 12 µg/L in children aged 5–10 years old is associated with an IQ loss of 1 point." The

latest nation-wide average (NHANES) blood lead level is below 2 ug/L. Thus, the average IQ loss in the USA would be about 0.2 points. See also Lanphear 2005 and Sprong et al

(2023). Remember, most everyone is not average.

Fluoride:

Fluoride is a neurotoxic risk for the fetus, infants and toddlers, a significant amount, estimated at a third to two thirds, comes from fluoridated water which is recommended by the Board of Health. Sprung (2023) used the Grandjean 2022 dose-response analysis. Grandjean et al. (2022)

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sciencedirect.com%2Fscience>>  
recently presented a benchmark modeling for IQ losses associated with fluoride exposures. The BMC (Bench Mark Concentration) for maternal urinary fluoride associated with a 1-point decrease in IQ scores of preschool-aged boys and girls was 0.31 mg/L. Average maternal urinary fluoride concentration in fluoridated communities is 0.9 mg/L.

In abbreviated terms, Sprong 2023 used a dose-response relationship that reported there is a 1 IQ point loss for every 0.3 mg/L increase in mother's urine fluoride which averages 0.9 mg/L in USA fluoridated communities. Resulting in a 3 IQ point average loss in fluoridated communities, 15 times the harm of lead, thus fluoridation must be considered iatrogenic harm.

The Washington State Board of Health's desire to prevent IQ loss from lead is spot on correct. However, the same effort must be directed to excess fluoride exposure. The Board has no scientific justification to continue promoting fluoridation with a flawed claim of benefit for everyone and absolute silence on warning to those at greatest risk of harm.

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From: bill teachingsmiles.com  
Sent: Thursday, August 3, 2023 8:50 AM  
To: wsboh@sboh.wa.gov <wsboh@sboh.wa.gov>  
Cc: bill teachingsmiles.com <bill@teachingsmiles.com>  
Subject: Public comment August 9, 2023, Osmunson

Please add my name for public comment, August 9, 2023 and forward my comments to the Board Members.

## FLUORIDE IS THE NEW LEAD

The WSBH is correct to review the prevention and reduction of lead exposure and fluoride must be included.

Fluoride exposure reduction is significantly authority (WSBH) controlled.

Prevention requires the WSBH recommending turning off the fluoride pumps.

Comparing fluoride's developmental neurotoxic effects with lead.

Experts: Fluoride's IQ deficits "on par with lead"

Editors from the Journal of the American Medical Association (JAMA) described the IQ drop of -4.5 IQ points in one study [Christakis & Rivera 2019  
<<https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Ffluoridealert.org%2Farticles%2Fgre>  
]:

"An effect size which is sizeable – on par with lead."

David Bellinger, author of over 400 epidemiology papers  
<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fpubmed.ncbi.nlm.nih.gov%2F%3>  
on neurotoxic chemicals including over 100 on lead, said [NPR 2019  
<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.npr.org%2Fsections%2Fhealth%2Fshots%2F2019%2F08%2F19%2F752376080%2Fcan-maternal-fluoride-consumption-during-pregnancy-lower-childrens-intelligence&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C1>  
]:

"It's actually very similar to the effect size that's seen with childhood exposure to lead."

Christine Till, leader of a research team that has published rigorous studies of fluoride neurotoxicity funded by the National Institutes of Health (NIH) says [Canada CTV 2019  
<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ctvnews.ca%2Fhealth%2Fhifi%2Ffluoride-levels-during-pregnancy-may-be-linked-with-lower-iq-scores-in-kids-study-1.4555550&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C1>  
]:

"4.5 points is a dramatic loss of IQ, comparable to what you'd see with lead exposure."

And [Farmus 2021  
<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdoi.org%2F10.1016%2Fj.envres.2>  
]:

"A 2- to 4-point decrement in PIQ [Performance IQ] may seem like a small difference at the individual level. However, a small shift in the mean of IQ scores at the population level translates to millions of lost IQ points given the ubiquity of fluoride exposure."  
(emphasis added)



Philippe Grandjean, editor-in-chief of the journal Environmental Health  
<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fehjournal.biomedcentral.com%2F>  
, and author of over 500 peer-reviewed papers  
<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fpubmed.ncbi.nlm.nih.gov%2F%3F>  
on toxicity of fluoride, lead, mercury, perfluorinated compounds (like PFAS), and other  
chemicals says [Grandjean 2013 book & website  
<[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbraindrain.dk%2Fabout-  
this-  
site%2F&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbraindrain.dk%2Fabout-this-site%2F&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0)  
]:

"Fluoride seems to fit in with lead, mercury and other poisons that cause chemical brain drain."

## OVERVIEW OF FLUORIDE RISK PREVENTION PROGRAMS

1. Authorities must turn off the fluoride pumps causing excess fluoride ingestion and harm.
2. Do not swallow fluoridated toothpaste or dental products. The reflex of swallowing before spitting is strong.
3. Pregnant mothers and caregivers should use water with less than 0.1 ppm fluoride to make infant formula and for children under the age of 3 to drink.
4. When possible, use non-fluoridated general anesthesia.
5. Avoid fluoride pesticides and fluoride post-harvest fumigants, eat organic foods.
6. Avoid mechanically deboned meat.

The Board's website  
<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsboh.wa.gov%2Fsites%2Fdefault%01%2FSledge%2520-%2520BOH%2520Strategies.pdf&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b>  
, states: "Access to community water fluoridation benefits the health of everyone: children, adults, and seniors. Recommendation: Expand and maintain access to community water fluoridation."

The Board statement is false, trusting endorsements and gossip rather than facts or logic, and does not even rise to the level of "fake science." How does fluoridation benefit the teeth of someone who does not have teeth? Other than endorsements, where is the FDA CDER approval? Where are the facts?

Where are the caution of excess fluoride? Where is the caution of the FDA CDER approved label, "Do Not Swallow?"

By cherry picking opinions of like-minded believers, the Board is harming the public. Science demands empirical evidence, not just trust of like-minded believers.

No one can scientifically explain the mechanism of how the fluoride gets from the blood in the tooth pulp chamber through the tooth to the developing caries. It can't. The dentin and enamel are highly resistant to the migration of fluoride. The concentration of fluoride in the saliva is too low to have benefit. Ingested fluoride can't get to the caries in any reasonable concentration.

The WSBH is correct to be concerned with lead.

The NTP (National Toxicology Program) states: "Overall, the NTP concludes that there is sufficient evidence that blood Pb levels < 10 microg/dL and < 5 microg/dL are associated with adverse health effects in children and adults." [1] PubMed

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fpubmed.ncbi.nlm.nih.gov%2F239level%2520Pb%2520was%2520selected%2520for%2520evaluation%2520by%2520the%2Cfor%2520effect>

Likewise, the NTP for fluoride states: "Our meta-analysis confirms results of previous meta-analyses and extends them by including newer, more precise studies with individual-level exposure measures. The data support a consistent inverse association between fluoride exposure and children's IQ." [2]

The five independent peer-reviewers of the NTP report all voted to accept the review's main conclusion and lauded the report. Their comments include: "what you have done is state-of-the-art"; "the analysis itself is excellent, and you thoroughly addressed comments"; "Well done!"; "Findings... were interpreted objectively".

The newly released documents include comments from the NTP's own experts confirming that the report's conclusion that fluoride can lower IQ

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffluoridealert.org%2Farticles%2Fsu-government-report-finding-fluoride-can-reduce-childrens-iq-made-public-under-epa-lawsuit%2F&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C1> does apply to communities with water fluoridation programs. NTP report says the evidence is not just in those who drink water with higher fluoride concentrations exceeding the World Health Organization (WHO) recommended maximum level of 1.5 mg/L. Furthermore, the WHO guideline was set in 1984 to protect against more severe forms of dental fluorosis and neurotoxicity was never considered. Few neurotoxicity studies even existed in 1984.

In numerous responses to comments by reviewers of the report, the NTP made clear that they had found evidence that exposures of at least some people in areas with fluoridated water at 0.7 mg/L were associated with lower child IQ.

For example, when an unnamed government fluoridation proponent claimed:

"The data do not support the assertion of an effect below 1.5 mg/L...all conclusory statements in this document should be explicit that any findings from the included studies only apply to water fluoride concentrations above 1.5 mg/L."

The NTP responded:

"We do not agree with this comment...our assessment considers fluoride exposures from all sources, not just water...because fluoride is also found in certain foods, dental products, some pharmaceuticals, and other sources... Even in the optimally fluoridated cities...individual exposure levels...suggest widely varying total exposures from water combined with fluoride from other sources."

Additional NTP responses about the review's relevance to water fluoridation programs:

"We have no basis on which to state that our findings are not relevant to some children or pregnant people in the United States."

"Several of the highest quality studies showing lower IQs in children were done in optimally fluoridated (0.7 mg/L) areas...many urinary fluoride measurements exceed those that would be expected from consuming water that contains fluoride at 1.5 mg/L."

The NTP also responded to commenters asking whether their meta-analysis had identified any safe exposure threshold, below which there would be no loss of IQ.

The NTP responded that they found "no obvious threshold" for either total fluoride exposure or water fluoride exposure, referring to a graph in the meta-analysis (NTP's eFigure 17 reproduced above) showing that as water fluoride concentration increased from 0.0 to 1.5 mg/L there was a steep drop in IQ of about 7 points (expressed as "standardized mean difference" units in the graphs). NTP REPORT

The WSBH cherry picked promoters and protectors of fluoridation rather than evaluating the empirical evidence.

Judgment requires the Board to evaluate both benefit and risk.

The data below is from Iida and Kumar, proponents of fluoridation, graphed by Thiessen PhD (risk management) and will help the Board understand the degree of possible benefit from fluoridation.

See below: Left to right, increasing fluoride exposure.

Red lines are caries experience. It is very hard to detect any benefit to the teeth and the Board's claim that "everyone" benefits is not supported by the empirical evidence.

The blue lines show harm to the teeth, undisputed harm. With more fluoride exposure more teeth are harmed. More harm than benefit.

Where is the Board's warning to consumers to avoid excess fluoride, especially for the fetus and infants?

In June, 2023, I presented over 50 reasons to stop fluoridation with scientific references. Most developed countries do not mass medicate their public, fetus, infants, toddlers, youth, adults and seniors without consent with fluoride and yet they have as good or better dental health as the USA.

Whats The Fuss About Fluoride? - YouTube

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3F>

The webinar by Professor Christine Till, Ph.D

<[https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fem.networkforgood.com%2Fis%2F5242H3ZpYWBNAka-2FwUtgGDitcw-2FREBDL0hqeWPPo73LB41thipo-2Bm6H845kzZkyYBjruDQ-2FQ-3D-3DLREi\\_UvgxF0qNGtJ5m5hAeMK8oSHzCA-2FJJxIJb5kf8jNRnlaN4Pm9WNAi3-2BDX40hv79BK26BRsK3LKFUZ8WIEgpL6VvyjYkI56jTLu6AqSTktKo5-2FnusqTCJKRWDV6jtVFo-2BdTU-2FBvn-2Fpj1nGxNeyUBnrgk0AAltnpt6EI0eu-2BejQ-2FThiAU3sh2IFBX9LFHkhb0rLILNdFIyXLzIQ3as2uoTlrmT9nPRIborjIRfO2O-2FO1jwr64T6wEZTgE4AKI6uPuyL2caKR14zA23sw463lvLJC37oMJD-2FaEDYKeeNOjwmdYvd2UwDYL34012-2FOc1odbf7juXjO5JOK8EHiqWkkjhH0s-2Fs4BOMFVdlskESNGhc7Ec-](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fem.networkforgood.com%2Fis%2F5242H3ZpYWBNAka-2FwUtgGDitcw-2FREBDL0hqeWPPo73LB41thipo-2Bm6H845kzZkyYBjruDQ-2FQ-3D-3DLREi_UvgxF0qNGtJ5m5hAeMK8oSHzCA-2FJJxIJb5kf8jNRnlaN4Pm9WNAi3-2BDX40hv79BK26BRsK3LKFUZ8WIEgpL6VvyjYkI56jTLu6AqSTktKo5-2FnusqTCJKRWDV6jtVFo-2BdTU-2FBvn-2Fpj1nGxNeyUBnrgk0AAltnpt6EI0eu-2BejQ-2FThiAU3sh2IFBX9LFHkhb0rLILNdFIyXLzIQ3as2uoTlrmT9nPRIborjIRfO2O-2FO1jwr64T6wEZTgE4AKI6uPuyL2caKR14zA23sw463lvLJC37oMJD-2FaEDYKeeNOjwmdYvd2UwDYL34012-2FOc1odbf7juXjO5JOK8EHiqWkkjhH0s-2Fs4BOMFVdlskESNGhc7Ec-)

3D&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e217  
., focuses on the current state of research on fluoride neurodevelopmental toxicity,  
including her own landmark studies looking at fetal and infant fluoride exposure. It also  
includes a discussion of potential adverse health outcomes associated with fluoride  
exposure, particularly during early childhood development.

Dr. Till is an award-winning researcher with particular interest in children's environmental  
health and is the principal investigator on a National Institutes of Health (NIH) grant  
focused on testing the effects of fluoride exposure during pregnancy on thyroid function  
and child neurodevelopment. She's an adjunct scientist to the Neurosciences and Mental  
Health Program at SickKids and an associate professor of Psychology at York University.

She is the senior author of several significant fluoride studies, including the JAMA  
Pediatrics fluoride neurotoxicity study (Green 2019  
<[https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fem.networkforgood.com%2Fis%2F2F5242H3Zvv-2BvTxVO4BLvOmtuOQSUTIIzcGudCBjDRwNxJsOJBrNQndrIKmcY-2BVoJOsgFVuFdmSW12gUfQTUVtItfD50US4KznSag2uvzr715t1gRy3z1fJpTeOrnLxoidZIymaaJsyLqZIYJ9bsPak3DtFjj\\_UvgxF0qNGtJ5m5hAeMK8oSHzCA-2FJJxIJJb5kf8jNRnlaN4Pm9WNAi3-2BDX40hv79BK26BRsK3LKFUZ8WIEgpL6VvyYkI56jTLu6AqSTktKo5-2FnusqTCJKRWDV6jtVfo-2BdTu-2FBvn-2Fpj1nGxNeyUBnrgk0AAItntpt6EI0eu-2BejQ-2FTThIQ-2F5nD5vFjIV0ocq4FDIzE5wuyqCdutuijfFzq4xPhhWXt6Zc-2B8xC-2BNCGrhIZC3xtgKZKH-2FAKWkiel56bp1XZH8O8rgXfz-2BKoJtPjj6TiHL1bb5EqH3L1V8j6fx-2FQavcxgk-2F1Jvw5ev-2B-2B1xAvzZjgqWG8NGKSDRqTNTerO7-2Bo-2BeAabpZjZ9gWSeOIzTcN-2B0-3D&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e217](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fem.networkforgood.com%2Fis%2F2F5242H3Zvv-2BvTxVO4BLvOmtuOQSUTIIzcGudCBjDRwNxJsOJBrNQndrIKmcY-2BVoJOsgFVuFdmSW12gUfQTUVtItfD50US4KznSag2uvzr715t1gRy3z1fJpTeOrnLxoidZIymaaJsyLqZIYJ9bsPak3DtFjj_UvgxF0qNGtJ5m5hAeMK8oSHzCA-2FJJxIJJb5kf8jNRnlaN4Pm9WNAi3-2BDX40hv79BK26BRsK3LKFUZ8WIEgpL6VvyYkI56jTLu6AqSTktKo5-2FnusqTCJKRWDV6jtVfo-2BdTu-2FBvn-2Fpj1nGxNeyUBnrgk0AAItntpt6EI0eu-2BejQ-2FTThIQ-2F5nD5vFjIV0ocq4FDIzE5wuyqCdutuijfFzq4xPhhWXt6Zc-2B8xC-2BNCGrhIZC3xtgKZKH-2FAKWkiel56bp1XZH8O8rgXfz-2BKoJtPjj6TiHL1bb5EqH3L1V8j6fx-2FQavcxgk-2F1Jvw5ev-2B-2B1xAvzZjgqWG8NGKSDRqTNTerO7-2Bo-2BeAabpZjZ9gWSeOIzTcN-2B0-3D&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e217)  
>), the 2020 study, Fluoride exposure from infant formula and child IQ in a Canadian birth  
cohort

<[https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fem.networkforgood.com%2Fis%2F2F5242H3Zvv-2BvTxVO4BLvOmtuOQSUTmMOvtI6tZzoeH2LIffCv-2Fy35t2i1HKqI922hVes-2B0vED-2BDB6lqm3Q8i8A31et9H-2BIJjlmC06rTAz7ZO5zcy87EESc65-2BjjTIWLPUfxc-2F1isNcEIWXETH2G1HcuD-2F-2FCrU-3DIX7h\\_UvgxF0qNGtJ5m5hAeMK8oSHzCA-2FJJxIJJb5kf8jNRnlaN4Pm9WNAi3-2BDX40hv79BK26BRsK3LKFUZ8WIEgpL6VvyYkI56jTLu6AqSTktKo5-2FnusqTCJKRWDV6jtVfo-2BdTu-2FBvn-2Fpj1nGxNeyUBnrgk0AAItntpt6EI0eu-2BejQ-2FTi7poyZHIq-2F2Cyy4jgeKDt4V2TGgouDI6e8Ox1PC0-2F7A6zJz-2F5Ek4jVTW66-2BCDxMUMwGcxh0y6dmsxR6A-2BIu-2FbmyY2IM2-2BYK4RR4B1VIVozYoQmiVoVhvPym6-2Bq4933oF7yteuV0Mf1mECezdG4XL9-2BHRFYTvuzijlOf9xjlWq6IkqHnQsOWvxeJLnCS7EfUNI-3D&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e217](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fem.networkforgood.com%2Fis%2F2F5242H3Zvv-2BvTxVO4BLvOmtuOQSUTmMOvtI6tZzoeH2LIffCv-2Fy35t2i1HKqI922hVes-2B0vED-2BDB6lqm3Q8i8A31et9H-2BIJjlmC06rTAz7ZO5zcy87EESc65-2BjjTIWLPUfxc-2F1isNcEIWXETH2G1HcuD-2F-2FCrU-3DIX7h_UvgxF0qNGtJ5m5hAeMK8oSHzCA-2FJJxIJJb5kf8jNRnlaN4Pm9WNAi3-2BDX40hv79BK26BRsK3LKFUZ8WIEgpL6VvyYkI56jTLu6AqSTktKo5-2FnusqTCJKRWDV6jtVfo-2BdTu-2FBvn-2Fpj1nGxNeyUBnrgk0AAItntpt6EI0eu-2BejQ-2FTi7poyZHIq-2F2Cyy4jgeKDt4V2TGgouDI6e8Ox1PC0-2F7A6zJz-2F5Ek4jVTW66-2BCDxMUMwGcxh0y6dmsxR6A-2BIu-2FbmyY2IM2-2BYK4RR4B1VIVozYoQmiVoVhvPym6-2Bq4933oF7yteuV0Mf1mECezdG4XL9-2BHRFYTvuzijlOf9xjlWq6IkqHnQsOWvxeJLnCS7EfUNI-3D&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e217)  
>, and the 2018 study, Community Water Fluoridation and Urinary Fluoride Concentrations  
in a National Sample of Pregnant Women in Canada.

<[https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fem.networkforgood.com%2Fis%2F2F5242H3Zvv-2BvTxVO4BLvOmtuOQSUTkXUSIDzXmLsAj2IYcIF17ts6-2FLqtFQ3pDndeDKfP2QFDZdFoMKzyiNP0J8ZvYEYzsPwpslRPRj7D-2FLWxL-2BO-2BDkOATohpPIEWY8duxUN5XINRWnZBFs9E-2FlrlrEe1Cs-3D1X9v\\_UvgxF0qNGtJ5m5hAeMK8oSHzCA-2FJJxIJJb5kf8jNRnlaN4Pm9WNAi3-2BDX40hv79BK26BRsK3LKFUZ8WIEgpL6VvyYkI56jTLu6AqSTktKo5-2FnusqTCJKRWDV6jtVfo-2BdTu-2FBvn-2Fpj1nGxNeyUBnrgk0AAItntpt6EI0eu-2BejQ-2FTjRrFxCrdjPqZrJVb2vaYUc6UXp3UfsUJ9UMg-2Ff4LKonqO8GsFPqjzmHSw3b-2BzCb19gKEH0xEoe-2F6p8UZVq7fMkKRlIhzaMhgUtt7ANqyfaqyiFtmAGZGDa6aF3dZ7f5pgDL8kYx2TC7RbZK3ivW1vGZIH5dptJp-2BXJ6O-2B7W-2B5kDzh3yA8KLYaXT8clD2CIXA30-3D&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e217](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fem.networkforgood.com%2Fis%2F2F5242H3Zvv-2BvTxVO4BLvOmtuOQSUTkXUSIDzXmLsAj2IYcIF17ts6-2FLqtFQ3pDndeDKfP2QFDZdFoMKzyiNP0J8ZvYEYzsPwpslRPRj7D-2FLWxL-2BO-2BDkOATohpPIEWY8duxUN5XINRWnZBFs9E-2FlrlrEe1Cs-3D1X9v_UvgxF0qNGtJ5m5hAeMK8oSHzCA-2FJJxIJJb5kf8jNRnlaN4Pm9WNAi3-2BDX40hv79BK26BRsK3LKFUZ8WIEgpL6VvyYkI56jTLu6AqSTktKo5-2FnusqTCJKRWDV6jtVfo-2BdTu-2FBvn-2Fpj1nGxNeyUBnrgk0AAItntpt6EI0eu-2BejQ-2FTjRrFxCrdjPqZrJVb2vaYUc6UXp3UfsUJ9UMg-2Ff4LKonqO8GsFPqjzmHSw3b-2BzCb19gKEH0xEoe-2F6p8UZVq7fMkKRlIhzaMhgUtt7ANqyfaqyiFtmAGZGDa6aF3dZ7f5pgDL8kYx2TC7RbZK3ivW1vGZIH5dptJp-2BXJ6O-2B7W-2B5kDzh3yA8KLYaXT8clD2CIXA30-3D&data=05%7C01%7Cwsboh%40sboh.wa.gov%7Cefc7121b0ad74680e88b08db9824b561%7C11d0e217)  
>

In June of this year, a prominent fluoride research receiving millions of dollars to study and promote fluoridation published a study [ncbi.nlm.nih.gov/pmc/articles/PMC10348053/](https://pubmed.ncbi.nlm.nih.gov/pmc/articles/PMC10348053/) claiming dental fluorosis is the "only proven downside."

Proof of benefit is much easier than proof of harm. It is unethical to give people an intervention for the purpose of looking for harm.

Two main differences between lead and fluoride.

1.

The Board, authorities, and health care providers do not intentionally dispense and profit from lead.

2. See "A" above.

The Board must stop harming the developing brains of our children.

1. Remove recommending the mass medication of everyone with an unapproved drug.

2. Provide warnings for pregnant mothers and care givers to not use fluoridated water when making infant formula.

Sincerely,

Bill Osmunson DDS MPH

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[1]National Toxicology Program. NTP monograph on health effects of low-level lead. NTP Monogr. 2012 Jun;(1):xiii, xv-148. PMID: 23964424.

[2][ntp.niehs.nih.gov/sites/default/files/ntp/about\\_ntp/bsc/2023/fluoride/documents\\_provided\\_bsc\\_wg\\_031](https://ntp.niehs.nih.gov/sites/default/files/ntp/about_ntp/bsc/2023/fluoride/documents_provided_bsc_wg_031)

<[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fntp.niehs.nih.gov%2Fsites%2Fdefault%2Ffiles%2Fntp%2Fabout\\_ntp%2Fbsc%2F2023%2Ffluoride%2Fdocuments\\_provided\\_bsc\\_wg\\_031%2Fntp\\_niehs\\_nih\\_gov\\_sites\\_default\\_files\\_ntp\\_about\\_ntp\\_bsc\\_2023\\_fluoride\\_documents\\_provided\\_bsc\\_wg\\_031.pdf](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fntp.niehs.nih.gov%2Fsites%2Fdefault%2Ffiles%2Fntp%2Fabout_ntp%2Fbsc%2F2023%2Ffluoride%2Fdocuments_provided_bsc_wg_031%2Fntp_niehs_nih_gov_sites_default_files_ntp_about_ntp_bsc_2023_fluoride_documents_provided_bsc_wg_031.pdf)>  
DRAFT NTP Monograph on the State of the Science Concerning Fluoride Exposure and Neurodevelopmental and Cognitive Health Effects: A Systematic Review NTP Monograph  
08 September 2022

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From: Carol Cohoe  
Sent: 9/25/2023 3:42:19 PM  
To: DOR Jefferson County Leg Authority  
Subject: RE: Jefferson County MPR Concerns



attachments\0710CE5D3EF04749\_20230925 Errata Replacement 9-6-2\_PRDTOOL\_NAMETOOLONG.pdf

External Email

Dear Commissioners:

An Errata Replacement letter for the September 6, 2023, letter submitted with the below email is attached. Our apologies, an earlier draft was sent rather than the final letter. Please see the attached.

A hard copy will be sent to the county clerk's attention.

Carol Cohoe

Legal Assistant

Law Offices of J. Richard Aramburu, PLLC

Please "REPLY ALL" to ensure that Mr. Aramburu also receives your response.

From: Carol Cohoe  
Sent: Thursday, September 07, 2023 10:37 AM  
To: jeffbocc@co.jefferson.wa.us  
Cc: Brinnon Group (brinnongroup@gmail.com) <brinnongroup@gmail.com>; aramburulaw@gmail.com; phunsucker@co.jefferson.wa.us; JPeters@co.jefferson.wa.us; romac@pgst.nsn.us; news@peninsuladailynews.com; news@ptleader.com; info@jeffersoncountypublichealth.org; wadepthealth@doh.wa.gov; ODW.Mail@doh.wa.gov; marylyn.dold@doh.wa.gov; Janna.Bardi@doh.wa.gov; WasteWaterMgmt@doh.wa.gov; wsboh@sboh.wa.gov; joenne.mcger@ecy.wa.gov  
Subject: Jefferson County MPR Concerns

Dear Jefferson County Commissioners:

Please accept for your review and for the record the attached letter regarding the PHMPR proposal.

Carol Cohoe

Legal Assistant

Law Offices of J. Richard Aramburu, PLLC

Please "REPLY ALL" to ensure that Mr. Aramburu also receives your response.

705 Second Ave Suite 1300

Seattle, WA 98104-1797

Telephone (206) 625-9515 Facsimile (206) 682-1376

This message may be protected by the attorney-client and/or work product privilege. If you received this message in error please notify us and destroy the message. Thank you.

# LAW OFFICES OF J. RICHARD ARAMBURU PLLC

705 Second Avenue, Suite 1300  
Seattle, WA 98104-1797  
Telephone 206.625.9515  
Facsimile 206.682.1376

[www.aramburulaw.com](http://www.aramburulaw.com)  
[www.aramburu-eustis.com](http://www.aramburu-eustis.com)

September 6, 2023 (Errata Replacement)

Jefferson County Board of Commissioners  
1820 Jefferson St.  
PO Box 1220  
Port Townsend, WA 98368

*Delivered Via Email:*  
[jeffbocc@co.jefferson.wa.us](mailto:jeffbocc@co.jefferson.wa.us)

RE: Pleasant Harbor Master Planned Resort

Dear Commissioners:

This office has, for many years, represented the Brinnon Group, a Washington non-profit corporation formed due to concerns with a resort development proposed near Black Point in the Brinnon area by the Statesman Group. This proposal, the Pleasant Harbor Master Planned Resort (PHMPR), includes recreational amenities, including a 205-room hotel, a golf course, a community center, water slide, tennis courts, a hockey rink, basketball court and swimming pool. These features will require a full sewer system and water supply facilities. In addition, Statesman has proposed substantial residential development, including residential subdivisions and condominiums.

As the Commissioners are aware, this proposal has continuously lacked adequate funding; as far back as 2016, the proponent made proposals to Jefferson County asking for public funding for this facility totaling more than \$37M.

Master Planned Resorts (MPR) such as the PHMPR proposal are permitted as a special exception to the limitations against urban style development in the rural area under RCW 35.70A.360, "*with primary focus on destination resort facilities consisting of short-term visitor accommodations associated with a range of developed on-site indoor or outdoor recreational facilities.*" In short, MPRs do not simply authorize another residential housing development, but require the creation of recreational facilities combined with short-term visitor accommodations.

Against this background, in June, 2018, the Commissioner adopted new zoning for the PHMPR proposal and, at the same time, approved a Development Agreement (DA) for the PHMPR in Ordinances No.03-0604-18 and 04-0604-18 respectively. My client



believed that this zoning and DA were inconsistent with both the underlying zoning for the property and the mandatory features of an MPR set forth in RCW 36.70A.360. Accordingly, the Brinnon Group filed suit in Kitsap County Superior Court challenging these ordinances.

Following briefing and argument to the Court, on March 28, 2019, Judge Sally Olsen entered an order reversing the ordinance approving the Development Agreement and remanding it back to the Jefferson County Commissioners. Judge Olsen specifically found that Phase 1 of Statesman's proposed development lacked the provisions necessary to assure that the required recreational elements of the proposal needed to make it a "Master Planned Resort" under the code would stand alone if no further phases were completed. She noted that Phase 1 as proposed failed to include a golf course, spa, sports court, pool, water slides, recreation center, conference center, staff quarters or community space. She specifically found that a community center, as required by the underlying DA, was not included in the development.

Neither Statesman nor Jefferson County appealed Judge Olsen's ruling; instead the Development Agreement was amended consistent with her March 28, 2019 order. Amended Phase 1 includes golf course construction, road construction, Highway 101/Black Point Road intersection improvements and the wastewater treatment plant. Phase 1 plans also now include the community/recreational center with 208 hotel units, pool, water slides, commercial space, sport courts, a maintenance building, and a section with 52 living units for staff quarters. These MPR features must be completed before any of the residential development is permitted.

My client has reviewed the June 5, 2023, commissioners meeting at which the PHMPR was discussed and an agreement between the developer and Jefferson County was approved concerning the payment of County expenses incurred in processing the PHMPR permits. At that meeting, there was discussion of Statesman's possible intention to pursue a "subdivision" proposal in 2024. The nature of this proposal was not disclosed, however, no residential development in this MPR can proceed without the construction of the recreational facilities described above. It is notable that in the 4-½ years since the Superior Court's decision, there has been little or no progress on the required recreational features of the Master Planned Resort. As far as we know, no permit applications have been submitted for the golf course, recreation center, 205-unit hotel, community center, sports courts or other recreational elements required in Phase I. These features must be built out prior to the construction and sale of residential lots, finished homes or condominium units.

Though we expect that Jefferson County will follow its codes as developed after the ruling of Judge Olsen, the Brinnon Group continues to follow the review and permitting of any development to assure that the prior rulings, codes and requirements are fully followed.

September 6, 2023 (Errata Replacement)

Page 3

Thank you for this opportunity to address this important subject.

Sincerely,



J. Richard Aramburu

JRA:cc

cc: Brinnon Group  
Philip C. Hunsucker, Chief Civil Deputy Prosecuting Attorney, phunsucker@co.jefferson.wa.us  
(Out until 9/25; cc berlichman@co.jefferson.wa.us)  
Josh D. Peters, AICP, Community Development Director, jpeters@co.jefferson.wa.us (Brent A.  
Butler is Acting Community Development Director September 5-8, cc'd to  
bbutler@co.jefferson.wa.us )  
Roma Call, Director, Natural Resources Dept., Port Gamble S'Klallam TribCoe,  
romac@pgst.nsn.us  
Peninsula Daily News, news@peninsuladailynews.com  
The Leader, news@ptleader.com  
Jefferson County Health Department, info@jeffersoncountypublichealth.org  
Kevin LoPiccolo, Director, Clallum County Health Department, P.O. Box 1612, Forks WA 98331  
State of Washington Department of Health, wadepthealth@doh.wa.gov, Office of the Secretary of  
Health Umair A. Shah;  
Drinking Water ODW.Mail@doh.wa.gov,  
Healthy Communities (corrected address) Marilyn.Dold@doh.wa.gov.  
Prevention and Community Health Janna.Bardi@doh.wa.gov (Prevention and Community Health  
directory, <https://doh.wa.gov/about-us/contact-us/programs-and-services-contacts>)  
Wastewater WasteWaterMgmt@doh.wa.gov,  
Board of Health wsboh@sboh.wa.gov  
State of Washington Dept. of Ecology, Shorelands and Environmental Assistance Program  
Manager Joenne McGerr, joenne.mcgerr@ecy.wa.gov (Out until 9/21; cc 9/5-9/8/23 to  
brenden.mcfarland@ecy.wa.gov and Amanda Oliveria, Program Manager Assistant,  
amanda.oliveria@ecy.wa.gov.)

---

From: Robert Deitz  
Sent: 8/29/2023 11:49:52 PM  
To: DOH WSBOH  
Cc:  
Subject: Public Comment

External Email

I oppose WAC 246-100 Rulemaking that would expand any authority to involuntarily quarantine individuals. I also oppose adding a C-19 vaccine to the WAC 246-105 schedule of required vaccines for children to attend schools.

Sent from Mail

<[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.microsoft.com%2Ffwlink%2F%](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.microsoft.com%2Ffwlink%2F%2F)  
for Windows

---

From: Arne Christensen  
Sent: 8/14/2023 2:10:14 PM  
To: DOH WSBOH  
Cc:  
Subject: historical face covering rules in Washington

External Email

Hello:

On July 12, 1923, in the Seattle Post-Intelligencer, there was an item on a vow by the local Ku Klux Klan leader. He was Maj. Luther I. Powell, king kleagle of the Washington state organization of the Ku Klux Klan. Here's the bulk of the item:

"Complete Klan regalia, including that portion of the Klan garb which conceals the face, will be worn by Klansmen at the first annual 'konvention' of the State Klan to be held at People's Park, Renton Junction, Saturday, Powell declared. He defied Sheriff Matt Starwich to interfere with the meeting.

"Starwich earlier in the day announced that he would insist on strict observance of the statute which prohibits concealing of the face by an assemblage of three or more persons, except for purposes of masquerade, fancy ball or other entertainment."

Reading the excerpt, does the health department understand one reason why some people fiercely opposed masking, and mask mandates?

Arne Christensen

---

From: Jim Newcomb  
Sent: 8/28/2023 8:14:09 PM  
To: DOH WSBOH  
Cc:  
Subject: Masks and Health Manadates

External Email

Dear Health Specialists -

Do not require masks for covid trailing viruses. They depersonalize our relationships and have yet to prove any value in preventing disease. The transmission particles need to be much bigger to be apprehended by a 95 mask.

Be wise, follow the science. TKS JIM

---

From: bill teachingsmiles.com  
Sent: 8/9/2023 10:01:43 PM  
To: DOH WSBOH  
Subject: Public coment August 9, 2023

#### External Email

For almost two decades, scientific evidence has been strong that fluoridation is causing more harm than good. A two or three minute public comment is too brief to provide context and empirical evidence.

The public's criticism of the Board and my public health profession regarding our handling of the COVID epidemic is painful to hear and is not without merit. Hind sight is humbling, or at least should be humbling. The epidemic was a "no win" and action was done with limited hard facts. We made mistakes. The Board's silence is a loud concern.

In contrast, fluoridation has been on-going for over 70 years and for the last 20 the evidence of risk, harm and lack of significant benefit has been clear and substantial. If we do not act in the public's best interest, our credibility will further tank. We can repeat the errors of the COVID epidemic and be unresponsive to current empirical evidence, or be proactive and protect the most vulnerable.

Removing the Board's flawed blanket support of fluoridation is essential. Providing simple recommendations based on current research, the National Toxicology Report, would be a prudent first step. I have some suggested wording below.

A few years ago, the Board cherry picked scientists who would confirm policy rather than the Board picking a balanced group of pharmacists, epidemiologists, toxicologists, chemists, biologists, dentists, and physicians to review the primary research. The topic of fluoridation is huge, convoluted, complex with several streams of evidence required for a judgment and took me over 2,000 hours of study before I was willing to speak up with words of caution and many thousands more to more fully understand the serious risks in which authorities are placing the public.

IQ loss for the average person in the USA from lead has been reported at about 0.5 IQ points and from fluoride in fluoridated communities at about 3 IQ points. Not all researchers would use those numbers; however, I have not heard or read any researchers (other than dentists and strong supporters of fluoridation) disagree that concern for fluoride's developmental neurotoxicity is less than lead.

The Washington State Board of Health Website recommends fluoridation for everyone without their individual consent,

regardless of their health status,

regardless of their age,  
regardless of total toxic burden,  
regardless of whether they have teeth,  
regardless of the contamination or purity of the fluoridation product,  
regardless of whether they are getting too much from other sources,  
regardless of the FDA's warning not to swallow and lack of CDER approval,  
regardless that the Washington State Board of Pharmacy's determination that fluoride is a prescription drug,  
regardless of a doctor's prescription for their patient of record,  
regardless that most developed countries do not fluoridate their water or recommend fluoridation,  
regardless of the CDC scientists warning fluoridation borders on a criminal act,  
regardless of the National Toxicology Programs determination of presumed developmental neurotoxicity,  
regardless that the only RCT on fluoride ingestion did not find statistical benefit,  
regardless that there is no mechanism for ingested fluoride to prevent dental caries, and regardless of the 2006 National Research Council's report that fluoride has concerns for harm to the brain, thyroid, bones, teeth, pineal gland, mitochondria, GI tract, cancer, etc.

What empirical scientific factual evidence does the Board of Health have to contradict those concerns, downsides, risks, and evidence of harm for every single person in Washington State and assure everyone that more fluoride is safe? The Board remains silent.

Dentists think "teeth" "benefit" and ignore medical risks. After all, dentists don't diagnose IQ or harm to other parts of the body. The Board must not follow into the trap of a narrow focus on just benefit to teeth.

The Board must immediately remove their blanket support of fluoridation.

The protection of the fetus, infant and toddler is most important.

A caution for pregnant moms to reduce fluoride ingestion.

Do not swallow fluoride toothpaste or drink fluoridated water.

A caution for caregivers to not use fluoridated toothpaste for children until they learn to spit and rinse before swallowing and not use fluoridated water for making infant formula.

Those simple cautions are less than the FDA CDER would recommend but they are a reasonable first step.

There are great scientists who would help the Board at no cost if they know the report will not be shelved.

Sincerely,

Bill Osmunson DDS MPH



---

From: VOICE  
Sent: 8/28/2023 3:42:59 PM  
To: DOH WSBOH  
Cc:  
Subject: Helping our state stay healthy

External Email

Dear BOH-

There are still many in our state who believe masks are helpful and do not know of the many adverse and life threatening side effects in the Covid shots. Can you please help spread the word that a healthy active lifestyle, Vitamin D and a strong immune systems are the best defenses against illnesses. And also help spread the word of the MANY, MANY serious adverse effects with these experimental shots. Thank you!

Also, Biden has announced he is planning more vaccines and more Covid scare tactics to gain more money for pharmaceutical companies. Let's make sure Washington does not fall for any of these Big Pharma money grabs at the expense of our personal health and well being this time around!!!

Thank you!

V

Sent with Proton Mail

<[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fproton.me%2F&data=05%7C01%](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fproton.me%2F&data=05%7C01%2F)  
secure email.

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From: Gina Bradley  
Sent: 8/30/2023 2:26:44 PM  
To: DOH WSBOH  
Cc:  
Subject: Vaccines for kids

External Email

I am writing in regards to the upcoming meeting on Nov. 3 about mandating the Covid vaccine to be added to the school scheduled vaccine list. As a parent I am not ready to give my child any more "practice" vaccines. It is not necessary to use the future generation as a testing grounds for another uncertain shot. There used to be a time frame of 6 years before the FDA would allow anything to the public. We have seen what has developed in the recent years with even the healthiest of athletes dying. To not stop this in its tracks would be completely irresponsible and overtly misdirecting the public. I am asking you to use your platform in a positive way for the children of Washington State. Please take a stand against this inhumane attempt at destroying our future and furthering a mass exodus from Washington State.

Thank you,  
Gina Bradley

---

From: Toni Taylor  
Sent: 9/5/2023 12:19:45 PM  
To: DOH WSBOH  
Cc:  
Subject: Public Comment

External Email

Sent from Mail

<<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgo.microsoft.com%2Ffwlink%2F%2F>  
for Windows

I oppose WAC-246-100 that would expand any authority to involuntarily quarantine individuals against their will! That you would even bring this to discussion is appalling, this is America! Not Australia.

I also oppose adding a C-19 vaccine to the WAC 246-105 required list of vaccines for children to attend school. Even though there has been an attempt to censor many doctors worldwide who adamantly oppose shots for children, we are not ignorant as you would suppose.

I recognize that you hold a very influential position for the state of WA, please consider both sides of these issues.

Regards,

Toni Ballard

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From: bill teachingsmiles.com  
Sent: 8/25/2023 9:28:41 AM  
To: DOH WSBOH  
Cc:  
Subject: September 7 Board Meeting, Public Comment



attachments\8C484A38BDDA4F16\_WSBH 9 7 23.docx

External Email

WSBH September 7, 2023

This week the Board of Health will consider GAMT Deficiency testing, of which I support.

"Prevention is better than cure for the patient but not always for the doctor, pharmaceutical industry, health care industry or public health." Testing for safety can take decades.

Estimated incidence of GAMT deficiency is 1:250,000 newborns.

NHANES reported measured prevalence of excess fluoride exposure is over 80,000:125,000. Or about 80,000 times more common than GAMT deficiency.

Does fluoride contribute to GAMT? The evidence is not clear, but the connection between fluoride and metabolic disorders is reasonably consistent. The absence of evidence is not proof of safety. For decades (in some cases before your time) we in dentistry, public health, and industry claimed tobacco smoking was safe, lead, fluoridation, asbestos, mercury, PFAS, PCBs Glyphosate, carbon dioxide levels, all safe . . . based on the lack of research proving harm. With time, decades of time, we are slowly learning about risks and safety. As we learn more, we must use the knowledge to prevent harm rather than profit based on assumed safety or simply go silent.

Of critical importance is for the Board to educate the public with the most basic issues:

1. Remove your promotion of unapproved prescription drugs.

<https://sboh.wa.gov/oral-health-strategies>

<[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsboh.wa.gov%2Foral-health-](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsboh.wa.gov%2Foral-health-strategies&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C)

[strategies&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsboh.wa.gov%2Foral-health-strategies&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C)

2. Do not drink fluoridated water when pregnant or to make infant formula, juices or drink.

3. Do not swallow fluoridated toothpaste. Swallowing is a reflex for children. Teach your child how to rinse and spit before swallowing. Until you observe your child does not swallow toothpaste, do not use fluoridated toothpaste.

I would welcome the Board to consider six most important things you can do to protect your newborn child from fluoride exposure:

1) Breast feed, Breast feed, Breast feed!

Without question, the single most important way to protect a baby from fluoride exposure is to breast feed. Human breast milk almost completely excludes fluoride and thus an exclusively breast-fed baby will receive virtually no fluoride exposure. Breast feeding your child will thus significantly reduce his or her risk of developing dental fluorosis and possibly other effects, including brain damage.

## 2) If Breast feeding Is Not Feasible, Do NOT Use Fluoridated Water

Since breast feeding is not always a feasible option, infant formula must sometimes be used. When this is the case, it is critically important that you do not use fluoridated drinking water to prepare your baby's formula. Fluoridated water, which contains up to 300 times more fluoride than breast milk, is by far the single largest source of fluoride for infants. When formula must be used, therefore, make sure to use a water source that has low levels of fluoride (less than 0.1 ppm). Low-fluoride water can be obtained in one of three ways:

- \* purchasing bottled water

<<https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Fwater%2F&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C>  
(most bottled waters have low levels of fluoride);

- \* filtering the water

<<https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Fwith%2F&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C>  
with a system that uses reverse osmosis, deionization (with ion exchange resins), or activated alumina technology;

- \* distilling the water with a countertop distiller.

To see the fluoride levels in popular brands of bottled water, click here

<<https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Fbottled%2F&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C>  
. For further information on water filtration and distillation, click here

<<https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Ffiltration%2F&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C>  
.

## 3) Use Milk-Based Formulas Instead of Soy-Based Formulas

Infant formulas generally contain elevated levels of fluoride, even before the addition of fluoridated water. Some types of formula, however, tend to have higher levels than others. Soy-based formulas, for example, generally have higher levels of fluoride than cow milk-based formulas. To reduce a baby's exposure to fluoride, therefore, it is generally best to use milk-based formulas. For further information on how to select the right formula, see FAN's "Top 5 Ways to Reduce Fluoride Exposure from Infant Formula."

<<https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Ftop5%2F&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C>

## 4) Do NOT Use Non-Organic Grape Juice

Due to heavy use of a fluoride pesticide

<<https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fissues%2Fpesticides%2F&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C>  
known as "cryolite," U.S.-made grape juices — particularly white grape juice — have consistently high levels of fluoride. According to the USDA, the average level of fluoride in white grape juice exceeds 2 ppm, which is over 600 times more fluoride than a baby receives from breast milk. If you purchase grape juice for your child, therefore, make sure to buy organic varieties, since cryolite is not allowed in organic juice. Also, since many juice drinks use white grape juice as a filler material, it is important to be mindful of the ingredients in the juices you buy: if the label says it has white grape juice, do not purchase the product unless it is organic. For more information on fluoride exposure from pesticides, click here

<<https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fissues%2Fpesticides%2F&data=05%7C01%7CWSBOH%40SBOH.WA.GOV%7Cbe75cf4313314b71484808dba588450a%7C>  
.

## 5) Use More Fresh Food, Less Processed Food (and Avoid Processed Chicken)

When your baby is old enough to eat solid food, it is best to provide as much fresh food (e.g., fresh fruits, vegetables, and meats), and as little pre-made food you can. As a general rule

[https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Ffresh\\_fruits\\_and\\_vegetables](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Ffresh_fruits_and_vegetables), fresh fruits and vegetables, and to a lesser extent meat, contain very low levels of fluoride. By contrast, pre-made foods are generally higher in fluoride content, particularly in heavily fluoridated countries such as the United States where it is common for food companies to use fluoridated water in the food-making process.

Although fluoride intake from solid food is far less of a significant concern than fluoride intake from beverages (e.g., water, formula, and grape juice), there is one type of processed food that should be consistently avoided. Specifically, you should avoid purchasing pre-made infant foods made with chicken. Most infant foods that are made with chicken (e.g., pureed chicken) contain high levels of fluoride-laden bone particles due to the use of mechanical-deboning processes. As a result, pureed chicken meals [https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Fchicken\\_meals](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Fchicken_meals) have been found to have an average fluoride content of about 4 ppm, with some products having as much as 8 ppm fluoride. At 8 ppm, two ounces of the chicken would contribute 0.48 mg of fluoride to the baby's daily exposure. This is more than half the benchmark level (0.72 mg/day) that the EPA has established "to protect against severe dental fluorosis in children." To reduce your baby's fluoride exposure from chicken, try to make your own chicken meals instead of purchasing the pre-made varieties. For more information, click here

[https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Fchicken\\_meals](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fluoridealert.org%2Fcontent%2Fchicken_meals)

6) If you chose to have your child use fluoridated toothpaste, read the toothpaste label. Be sure you teach them to spit, rinse and spit, rinse and spit again before they swallow. Swallowing is a reflex and candy toothpaste tastes good and is often swallowed.

Children can ingest a dangerous amount of fluoride from toothpaste. Read the FDA (Food and Drug Administration's) required label on the toothpaste tube. The FDA is not overly cautious when warning, "Do Not Swallow."

Sincerely,

Bill Osmunson DDS MPH

WSBH September 7, 2023

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Of critical importance is for the Board to educate the public with the most basic issues:

1. Remove your promotion of unapproved prescription drugs. <https://sboh.wa.gov/oral-health-strategies>
2. Do not drink fluoridated water when pregnant or to make infant formula, juices or drink.
3. Do not swallow fluoridated toothpaste. Swallowing is a reflex for children. Teach your child how to rinse and spit before swallowing. Until you observe your child does not swallow toothpaste, do not use fluoridated toothpaste.

I would welcome the Board to consider six most important things you can do to protect your newborn child from fluoride exposure:

## **1) Breast feed, Breast feed, Breast feed!**

Without question, the single most important way to protect a baby from fluoride exposure is to breast feed. Human breast milk almost completely excludes fluoride and thus an exclusively breast-fed baby will receive virtually no fluoride exposure. Breast feeding your child will thus significantly reduce his or her risk of developing dental fluorosis and possibly other effects, including brain damage.

## **2) If Breast feeding Is Not Feasible, Do NOT Use Fluoridated Water**

Since breast feeding is not always a feasible option, infant formula must sometimes be used. When this is the case, it is critically important that you do not use fluoridated drinking water to prepare your baby's formula. Fluoridated water, which contains up to 300 times more fluoride than breast milk, is

by far the single largest source of fluoride for infants. When formula must be used, therefore, make sure to use a water source that has low levels of fluoride (less than 0.1 ppm). Low-fluoride water can be obtained in one of three ways:

- purchasing [bottled water](#) (most bottled waters have low levels of fluoride);
- [filtering the water](#) with a system that uses reverse osmosis, deionization (with ion exchange resins), or activated alumina technology;
- distilling the water with a countertop distiller.

To see the fluoride levels in popular brands of bottled water, [click here](#). For further information on water filtration and distillation, [click here](#).

### **3) Use Milk-Based Formulas Instead of Soy-Based Formulas**

Infant formulas generally contain elevated levels of fluoride, even before the addition of fluoridated water. Some types of formula, however, tend to have higher levels than others. Soy-based formulas, for example, generally have higher levels of fluoride than cow milk-based formulas. To reduce a baby's exposure to fluoride, therefore, it is generally best to use milk-based formulas. For further information on how to select the right formula, see FAN's ["Top 5 Ways to Reduce Fluoride Exposure from Infant Formula."](#)

### **4) Do NOT Use Non-Organic Grape Juice**

Due to heavy use of a fluoride [pesticide](#) known as "cryolite," U.S.-made grape juices — particularly white grape juice — have consistently high levels of fluoride. According to the USDA, the average level of fluoride in white grape juice exceeds 2 ppm, which is over 600 times more fluoride than a baby receives from breast milk. If you purchase grape juice for your child, therefore, make sure to buy organic varieties, since cryolite is not allowed in organic juice. Also, since many juice drinks use white grape juice as a filler material, it is important to be mindful of the ingredients in the juices you buy: if the label says it has white grape juice, do not purchase the product unless it is organic. For more information on fluoride exposure from pesticides, [click here](#).

### **5) Use More Fresh Food, Less Processed Food (and Avoid Processed Chicken)**



When your baby is old enough to eat solid food, it is best to provide as much fresh food (e.g., fresh fruits, vegetables, and meats), and as little pre-made food you can. As a [general rule](#), fresh fruits and vegetables, and to a lesser extent meat, contain very low levels of fluoride. By contrast, pre-made foods are generally higher in fluoride content, particularly in heavily fluoridated countries such as the United States where it is common for food companies to use fluoridated water in the food-making process.

Although fluoride intake from solid food is far less of a significant concern than fluoride intake from beverages (e.g., water, formula, and grape juice), there is one type of processed food that should be consistently avoided. Specifically, you should avoid purchasing pre-made infant foods made with chicken. Most infant foods that are made with chicken (e.g., pureed chicken) contain high levels of fluoride-laden bone particles due to the use of mechanical-deboning processes. As a result, [pureed chicken meals](#) have been found to have an average fluoride content of about 4 ppm, with some products having as much as 8 ppm fluoride. At 8 ppm, two ounces of the chicken would contribute 0.48 mg of fluoride to the baby's daily exposure. This is more than half the benchmark level (0.72 mg/day) that the EPA has established "to protect against severe dental fluorosis in children." To reduce your baby's fluoride exposure from chicken, try to make your own chicken meals instead of purchasing the pre-made varieties. For more information, [click here](#).

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Children can ingest a dangerous amount of fluoride from toothpaste. Read the FDA (Food and Drug Administration's) required label on the toothpaste tube. The FDA is not overly cautious when warning, "Do Not Swallow."

Sincerely,

Bill Osmunson DDS MPH

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From: Garry Blankenship  
Sent: 9/18/2023 8:56:59 AM  
To: Van De Wege, Kevin, Chapman, Mike (LEG), DOH  
WSBOH, sheriff@co.clallam.wa.us, mozias@co.clallam.wa.us, rjohnson@co.clallam.wa.us, shahidafatin@gmail.com  
Allison 2  
(DOHi), news@peninsuladailynews.com, subscribe@peninsuladailynews.com, feedback@ground.news, oped@ground.news,  
Herald,  
(DOHi), chutton@heraldnet.com, joy.borkholder@heraldnet.com, customerservice@theolympian.com, news@theolympian.com,  
City Herald (DOHi), abinion@kitsapsun.com, kimberly.rubenstein@kitsapsun.com  
Cc:  
Subject: Critical Information on Past and Future COVID Drugs

External Email

This speaker is as qualified, ( internist, cardiologist, epidemiologist and prolifically published ), as any available expert on the subject of the "pandemic" and the "vaccines". Information on the negative efficacy of the "vaccines" is voluminous, but this recent presentation is particularly salient.

\* [https://metatron.substack.com/p/three-false-narratives-from-captured?utm\\_source=substack&utm\\_medium=email#media-2f084360-dc31-4a34-a607-ec1a7373b57e](https://metatron.substack.com/p/three-false-narratives-from-captured?utm_source=substack&utm_medium=email#media-2f084360-dc31-4a34-a607-ec1a7373b57e)  
<[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmetatron.substack.com%2Fp%2Fthree-false-narratives-from-captured%3Futm\\_source%3Dsubstack%26utm\\_medium%3Demail%23media-2f084360-dc31-4a34-a607-ec1a7373b57e&data=05%7C01%7Cwsboh%40sboh.wa.gov%7C9df8409751fa44f1f4e708dbb85fe140%7C](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmetatron.substack.com%2Fp%2Fthree-false-narratives-from-captured%3Futm_source%3Dsubstack%26utm_medium%3Demail%23media-2f084360-dc31-4a34-a607-ec1a7373b57e&data=05%7C01%7Cwsboh%40sboh.wa.gov%7C9df8409751fa44f1f4e708dbb85fe140%7C)>

So this is not dismissed as an anonymous source.

Garry Blankenship  
Sequim, WA

---

From: Arne Christensen  
Sent: 9/15/2023 4:38:32 PM  
To: DOH WSBOH  
Cc:  
Subject: stop recommending the Moderna and Pfizer vaccines

External Email

The health department needs to apologize for trying to force these vaccines on every person in Washington, acknowledge the very substantial doubts about the effectiveness of the latest versions of the vaccines, and stop doing the marketing for Moderna and Pfizer's products at taxpayer expense.

Why can't public health let us make our own decisions?

---

From: Michelle Anderson  
Sent: 9/6/2023 8:29:04 PM  
To: DOH WSBOH  
Cc:  
Subject: Public comments for this YEAR'S meetings.

External Email

I just want to remind everyone that we will NOT be required to have COVID shots as they DONT work!! Many people who have received the shot and ALL the boosters STILL GOT COVID! We will NOT allow our children and grandchildren to be FORCED to take this garbage! Please keep this in mind for ALL the meetings for this year!  
Thank you very much for all you do!  
God bless you and keep you!

---

From: Arne Christensen  
Sent: 8/17/2023 2:47:29 PM  
To: DOH WSBOH  
Cc:  
Subject: covid communication failures

External Email

The DOH needs to apologize for misleading the public about covid, especially about the effectiveness of vaccines and masking. It is because of the deceptions promulgated by public health from 2020 onward that, amid circa 90-degree temperatures in mid-August 2023, people are walking outside, with N95 masks strapped to their faces. Meanwhile other people are dying in the streets from drug overdoses, with not much at all being done by public health to prevent that "epidemic."

---

From: CJ T  
Sent: 8/29/2023 6:12:22 AM  
To: DOH WSBOH  
Cc:  
Subject: Masks optional

External Email

Please do not even try to mandate masks again. They do not work and bring another entire health risk, even worse mental issues plus the outlandish behaviors that we've witnessed in theft in our retail stores. This is a set up for causing more unrest in our nation so keep Washington FREE and let the people make their own decisions regarding this fiasco of an undue burden.

Cris Thompson  
Lynden, WA

Sent from my iPhone

---

From: Melissa Leady  
Sent: 10/4/2023 10:38:20 AM  
To: DOH WSBOH  
Cc:  
Subject: My Public Comments

External Email

Members of the State Board of Health,

This past month, the CDC director suggested two strategies to restore trust in public health: clear communication and transparency. However, Public Health officials use words in ways that are not commonly understood. This is confusing and misleading to the public. It does not improve the trust problem. Clear and transparent communication can only happen when we are speaking the same language. I am writing to provide you examples of Public Health definitions vs common definitions the rest of us use.

#### DICTIONARY OF PUBLIC HEALTH TERMS

##### PREVENTS

Public Health definition: reduces

Common definition: stops

##### COVID

Public Health definition: a collection of symptoms and a positive PCR test

Common definition: the virus, or the symptoms

This common definition, where COVID is synonymous with the virus and the disease(symptoms), was created by public health through use of the term "asymptomatic COVID." This term, implying "asymptomatic symptoms," is an oxymoron. It was confusing, and it created the perception that COVID was the virus. It was introduced in the summer of 2020, to justify mask mandates. Since that time, countless studies have shown that those without symptoms do not have a high viral load and were not contributing to transmission (see MISINFORMATION definition below).

##### PREVENTS COVID

Public Health definition: reduces symptoms

Common definition: keeps one from catching the COVID virus, testing positive, and having symptoms

The public felt misled when the vaccine didn't PREVENT them from getting the COVID virus, including symptoms.

### PREVENTS TRANSMISSION

Public Health definition: reduces the rate of transmission (even slightly) in a large population

Common definition: keeps one from getting or passing on the virus

The public thought the vaccine would PREVENT them from TRANSMITTING the virus to Grandma, and no one in public health dissuaded them from this thinking. In fact, public health officials encouraged it, saying get vaccinated to protect others.

### IMMUNE RESPONSE

Public Health definition: creates a lot of antibodies in the blood

Common definition: the immune system is working to keep one from contracting the virus or having symptoms.

Note: the CDC has acknowledged that an IMMUNE RESPONSE to the mRNA vaccines cannot be considered a correlate of protection. And the public felt misled when they got vaccinated and then got COVID anyway.

### MISINFORMATION

Public Health definition: disagrees with CDC and DOH guidance

Common definition: factually incorrect information

The public health definition – disagreement with government – is dangerous and Orwellian. The CDC has repeatedly changed its advice and gotten things wrong during the pandemic. And many topics deemed MISINFORMATION by public health officials were later shown to be factually accurate. For example, during the April VAC meeting, Washington residents provided factual accurate, observable and verifiable information, which the DOH chief science and data officer called MISINFORMATION. Also see above COVID definition. There are many others, too numerous to include here.

### FOLLOW THE SCIENCE

Public Health definition: Follow the policy of promoting vaccines

Common definition: uses the scientific process in an unbiased way (observing changes both positive and negative)



During the COVID pandemic, DOH has shared data if it would encourage vaccination. They have withheld data if it would discourage vaccination. If public health officials choose not to reassess their policy in light of negative information, then the policy is not scientific. It is narrative. It is propaganda. But it is not science.

#### TRANSPARENCY

Public Health definition: shares data supporting the policy of COVID vaccination, masking, and other COVID policies.

Common definition: shares all information, whether it support current polices or not.

Admitting the negative, not just pushing the positive, and admitting when you are wrong.

There is more to clear and transparent communication than just saying it's your goal. Clear and transparent communication means you are using words in the same way as the rest of us; and sharing all the information you are collection, positive and negative.

Sincerely,

Melissa Leady  
Clark County Resident