#### Washington State Department of Health Update

#### Umair A. Shah, MD, MPH

SECRETARY OF HEALTH, W.

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Washington State Board of Health 11/08/23 | Tumwater

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## What is Public Health?

What we as a society do collectively to assure the conditions in which people can be healthy.

- The future of the Public's Health in the 21st Century, Institute of Medicine, 2003

# WA State Health Ecosystem

- Population nearly 8 million 13<sup>th</sup> most populous state
- Area 71,362 square miles 18<sup>th</sup> largest state
- 29 Federally Recognized Tribes
- 35 Local Health Departments (39 Counties)
- 500,000 licensed health care professionals and nearly 100 hospitals



WASHINGTON STATE DEPARTMENT OF HEALTH TRANSFORMATIONAL PLAN A VISION FOR HEALTH IN WASHINGTON STATE



CORNERSTONE VALUES: EQUITY • INNOVATION • ENGAGEMENT VISION: EQUITY AND OPTIMAL HEALTH FOR ALL

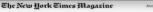
# Health

Where Equity, Innovation and Engagement meet

# Public Health Never Sleeps: The Long Road Continues







#### Why We're Losing the Battle With Covid-19

The escalating crisis in Texas shows how the chronic erfunding of public health has put America on track for the worst coronavirus response in the developed world.











#### WA State Leading Causes of Death 2022

- 1. Malignant Neoplasms
- 2. Diseases of Heart
- 3. Unintentional Injury
- 4. Alzheimer's Disease
- 5. Cerebrovascular Disease
- 6. Chronic Lower Respiratory Disease
- 7. COVID-19
- 8. Diabetes
- 9. Chronic Liver Disease

#### 10. Suicide



# WORKING TOGETHER ...

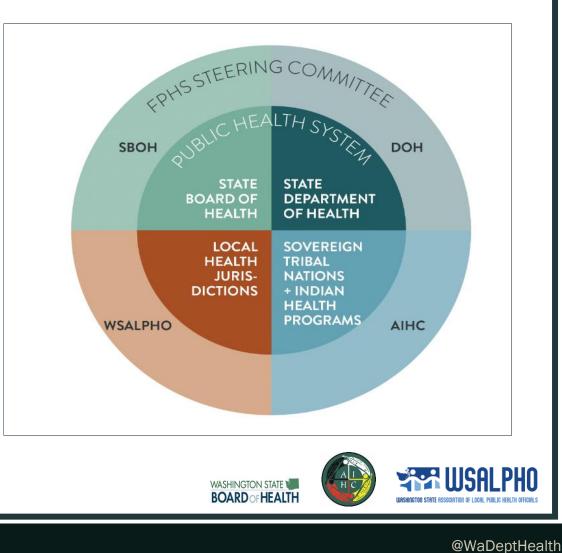
#### Foundational Public Health Services - WA

• Legislature Appropriated \$324 Million for the 23-25 Biennium (72% of 2018 estimated need)

\$162,000,000 \$162,000,000

- FPHS has grown from a \$6M, one-time investment in SFY18 to an ongoing annual investment of \$162M in SFY24
- Investment areas include:
  - 36% Foundational Capabilities
  - 24% Communicable Disease
  - 17% Life course
  - 10% Environmental Health
  - 9% Assessment
  - 4% Emergency Preparedness





@WaHealthSec @Ushahmd

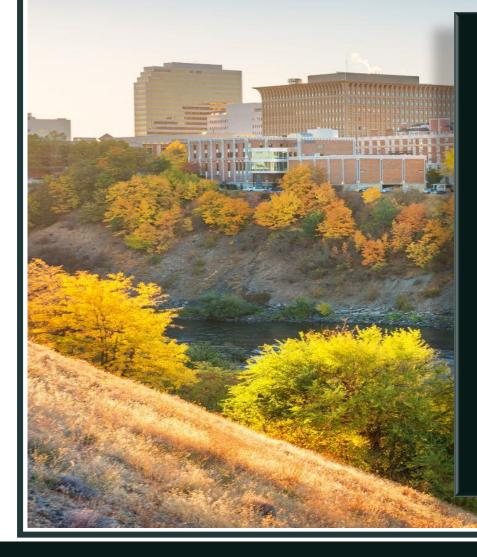


# Health in WA Moving Forward

- Transformational Health
- Investment/Workforce
- Behavioral Health/FOCUS Taskforce
- Digital Health/Tech
- Climate and Health
- Social Drivers of Health
- Healthcare Delivery/Access to Care
- Respiratory Season Response

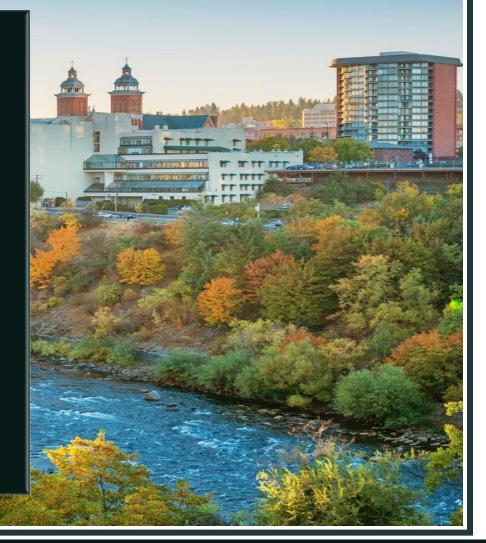


# Update on Respiratory Disease Season





Tao Kwan-Gett, MD, MPH Chief of Science Officer

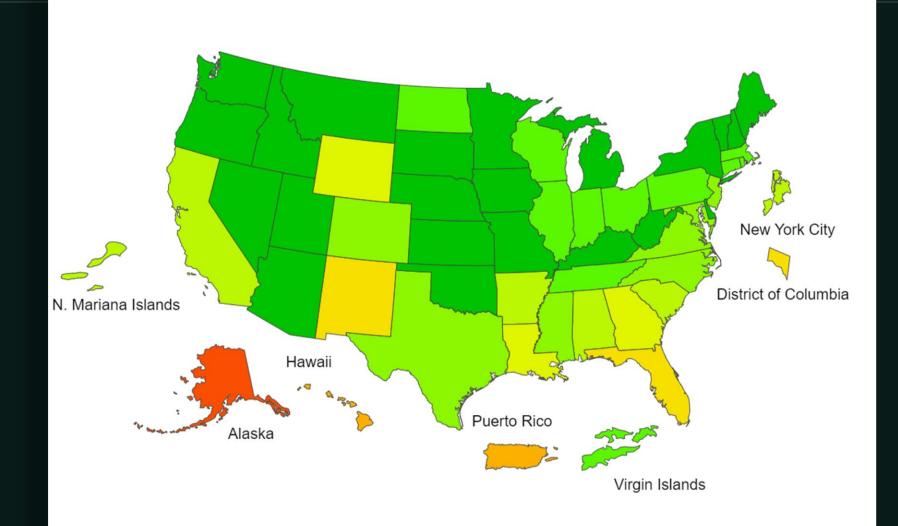






#### U.S. Influenza Activity

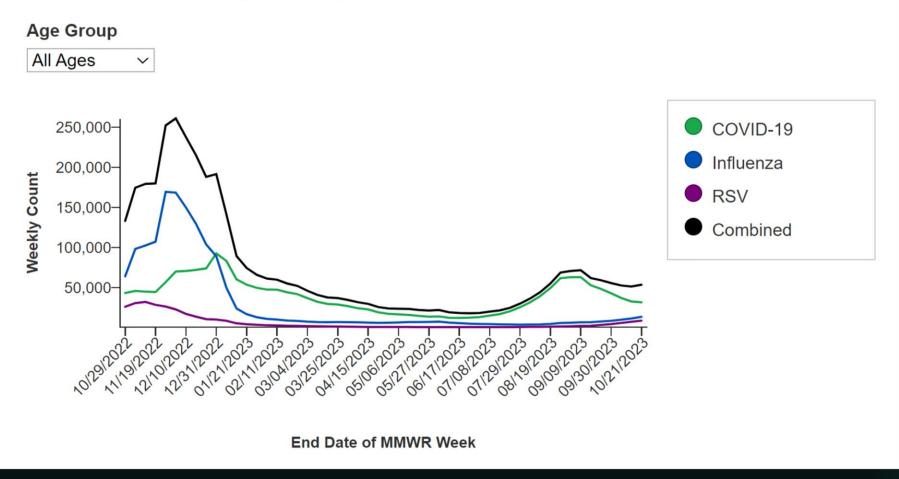
2023-24 Influenza Season Week 42 ending Oct 21, 2023



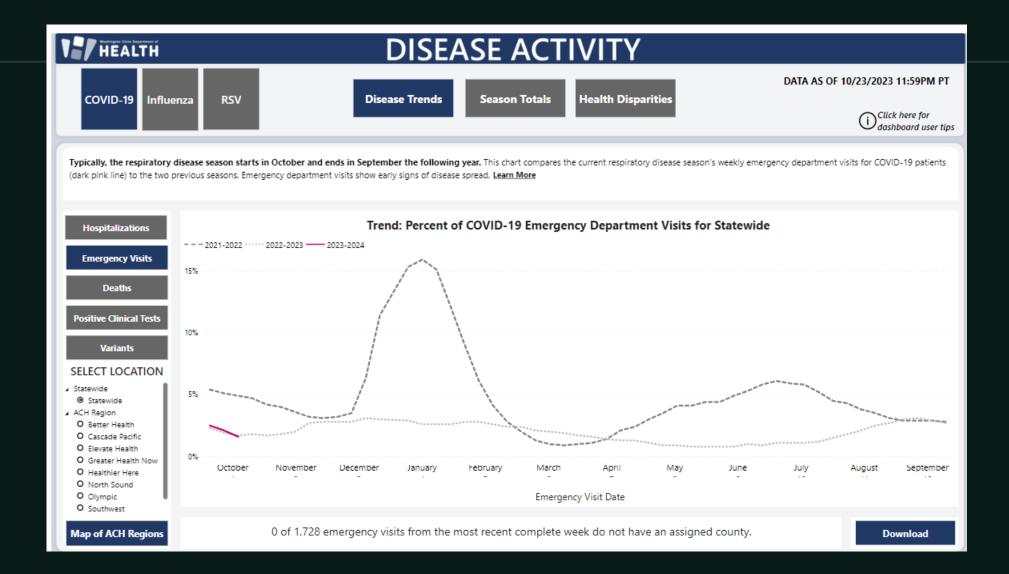
## U.S. Emergency Department Visits for Respiratory Disease

#### Weekly Emergency Department Visits by Age Group

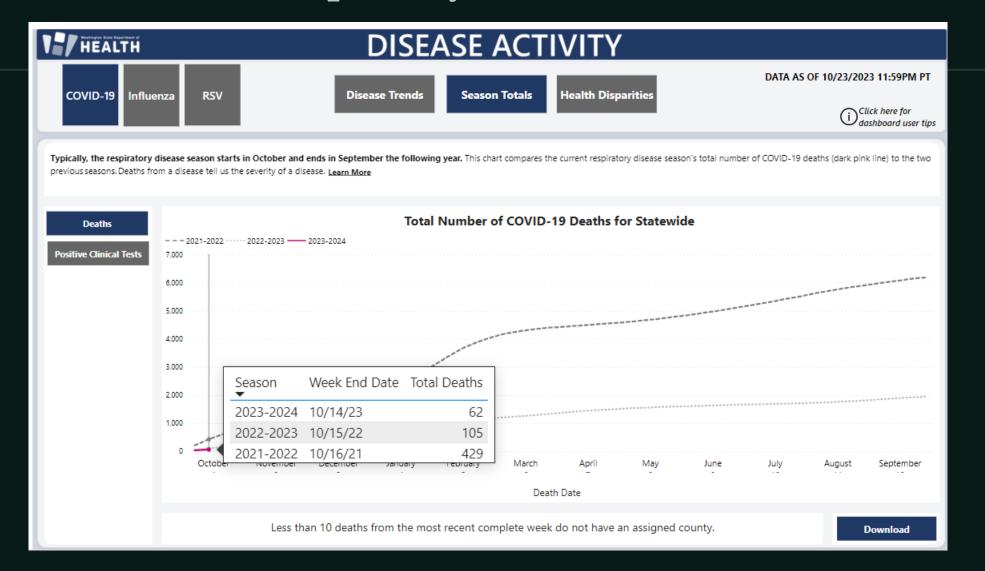
Make a selection from the filters to change the visualization information.



## WA Respiratory Illness Dashboard



## WA Respiratory Illness Dashboard



## WA Respiratory Illness Dashboard

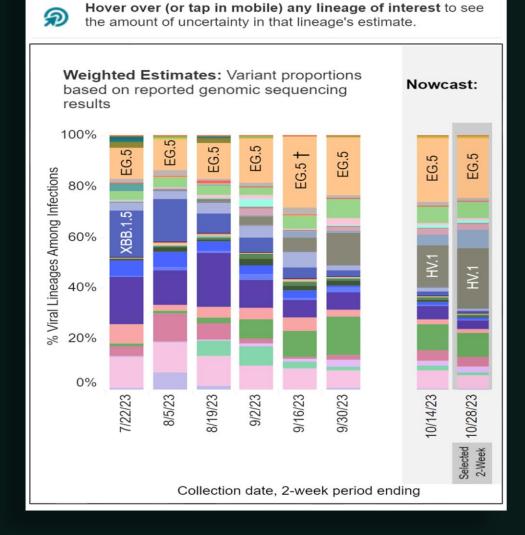
#### 11 HEALTH

#### **CURRENT STATUS**

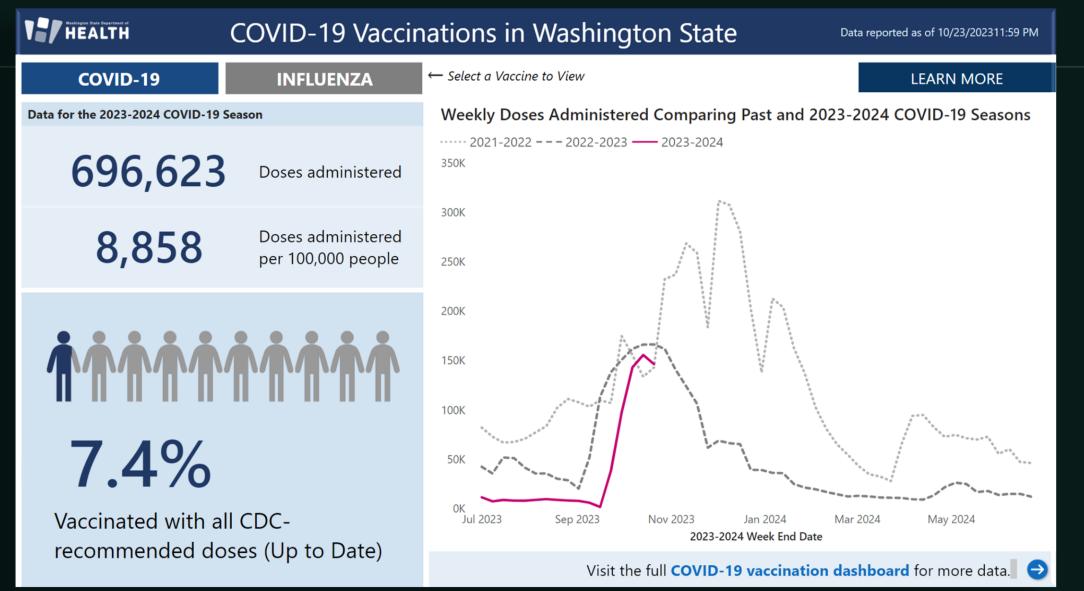
DATA AS OF 10/24/2023 4:40:02 PM Click here for **Statewide Summary for the Week of 10/15/2023 - 10/21/2023** dashboard user tips **Percent of Emergency** Average Number of ICU **Percent of Hospital Admissions Department Visits Beds Occupied** COVID-19 2% COVID-19 COVID-19 25 2% Less than Influenza 0% Influenza 0% Influenza 10 RSV RSV 0% **RSV Data not collected** 0% Percent change from previous week Percent change from previous week Change from previous week Influenza COVID-19 Influenza RSV COVID-19 Influenza RSV **COVID-19** -24% 0% = 0% = -32% -0% = 100% -8 🔶 212 Click here to Learn More about Respiratory Disease data.

#### HHS Region 10 COVID-19 Variants

#### Weighted Estimates in HHS Region 10 for 2-Week Periods in 7/9/2023 – 10/28/2023



### WA COVID-19 Vaccinations



## How to Protect Yourself and Others

# **Prevent Flu and other respiratory viruses**

Take these actions to help keep you and your family safe from respiratory illnesses, including flu, COVID-19, and RSV.



Get vaccinated



Wash your hands

Cover your cough

- Get vaccinated if possible. Vaccines for Flu and COVID-19 are your best defense against respiratory illnesses.
- Avoid close contact with people who are sick.
- Stay home and stay safe if you are sick.
- Cover coughs and sneezes with a tissue, or elbow.
- Consider wearing a mask in indoor or crowded places



• Wash your hands regularly. Use soap and water. If there is no soap available, use an alcohol-based hand sanitizer.

• Clean and disinfect surfaces that may be contaminated with viruses.

## Key Take Aways

- Advancing the public's health will take all of us and all of our efforts – leadership, people, policies, tools, communications, partnerships, and investments.
- A successful road ahead means removing silos and advancing multisectoral partnerships to solve public health challenges.
- While there are multiple health challenges we are facing, protecting ourselves and those around us during respiratory disease season by taking appropriate preventive measures remains critically important.





#### IN IT TOGETHER!

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