

WASHINGTON STATE BOARD OF HEALTH

State Health Report Community Panel SBOH Public Meeting - March 13, 2024

Amanda Shi

Amanda Shi, MPH, MPA
Research & Evaluation Manager
Tubman Center for Health & Freedom

Amanda Shi, MPH, MPA, is the Manager of Research & Evaluation at the Tubman Center for Health & Freedom (Tubman Health) where she leads the Community Health Research Institute. She graduated from the University of Washington with a BS (public health) and BA (political economy), then with an MPH (health policy & systems) and MPA (leadership & decision-making). As a lifelong Washingtonian, she has lived in Clark, King, and Snohomish County, working as a community advocate, CHW, researcher, and public health practitioner. She is passionate about centering community-directed research priorities, community solutions and equity-based decision-making to address health and health-related social needs in Washington State. She found a home to do this work when she first joined Tubman Health as an American Public Health Association/Kaiser Permanente Community Health Fellow. In her current role, she works collectively with community members and a vibrant team on community design, a process in which community members apply their diverse experiences and strengths to the process of reshaping systems of power that do not serve us, replacing them with community solutions. She loves being a part of building the Tubman Center for Health & Freedom, immersion in nature, leaning into movement and foods from home as medicine, and dreaming with community to reimagine wellness and our collective healing.

Dominique Horn

Dominique Horn
Community Mobilization Coordinator
Southwest Accountable of Community Health

Dominique is a natural community advocate and longtime member of the Vancouver, Washington community who works to impact change and elevate community voice. Dominique is a founding member of the Community Health Advocates and Peer Support Network of Southwest Washington (CHAPS), serves on the community Voice & Equity Committee & the Bridgeview resource center Board. Dominique earned her bachelor's in social work from Eastern Washington University. She enjoys spending time with her family, being in nature, and practicing photography.

SWACH is one of nine organizations leading the state's Healthier Washington Initiative in their regions. These Accountable Communities of Health (ACHs) are building a healthier Washington that meets their communities' unique needs. Southwest Washington Accountable Community of Health brings partners together to create equitable, sustainable systems change that reduces cost and improves whole-person wellness for all. Through our partnerships, we strive to build a healthier future in Southwest Washington - for everyone. Our work covers Clark, Klickitat, and Skamania counties in Southwest Washington. The region represents diverse languages, backgrounds, and lived experiences. Our goal is to ensure that each population in our community has access to the care and wellness they need.

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Molly Parker

Molly Parker, MD, MPH
Population Health
Chief Medical Officer
Jefferson Healthcare

Dr. Molly Parker brings a love of problem solving to her career as family physician and Chief Medical Officer of Population Health at Jefferson Healthcare (JH). From starting Jefferson County's sexual assault nurse examiner program and expanding JH family planning services to coordinating community partners to create a new child care center, Dr. Parker's enthusiasm for solving health gaps in her rural community drives her work.

Dr. Parker grew up on a dairy farm in rural Wisconsin. She obtained degrees in biology, French, and education at Lawrence University and then worked as a molecular biologist Universities of Wisconsin and Washington and the Faculte de Medicine in Paris. She obtained a Master of Public Health degree in Maternal and Child Health at the University of Washington after which she worked as a youth health educator and in diabetes QI for a coalition of community health centers in King County. Dr. Parker completed her medical degree at the UW School of Medicine, family medicine residency training at the 45th Street Clinic and a high-risk obstetrics fellowship at Swedish Medical Center. After practicing family medicine in rural New Zealand and Whatcom County, WA, she settled in Port Townsend, Washington where she has worked for Jefferson Healthcare since 2010. Half of her work week is spent caring for her family practice panel and delivering babies. The other half is spent co-leading the population health department as it tackles improving the local social drivers of health including food insecurity, loneliness, early childhood education, and rural reproductive healthcare access. Dr. Parker continues to find joy in solving community health problems and equity gaps.

Nyka Osteen

Nyka Osteen, MPH
Director of Innovation
North Sound Accountable of Community Health

Nyka Osteen, MPH is the Director of Innovation with North Sound Accountable Community of Health (ACH). She grew up in Mount Vernon, WA and completed her bachelor's degree in microbiology and global health before earning her graduate degree in community-oriented public health from the University of Washington. Nyka has been a part of the North Sound ACH team since 2019, when she started as the Program Evaluation and Data Manager where she utilized her experience working in LGBTQ+ health and program evaluation. Now, as the Director of Innovation she is responsible for creating and supporting opportunities to incubate and foster growth of nontraditional ideas, leveraging partner assets and resources, and identifying key areas for innovative transformation. Having spent her entire childhood navigating the Medicaid system with chronic health conditions, and as an adult navigating these systems for her family who all struggle with chronic illness, disability, and mental health challenges, Nyka is familiar with the complexities and challenges that communities face while simply trying to survive.